

# STANFORD

2010 **WOMEN'S WATER POLO** GUIDE



**KELSEY  
HOLSHOUSER**

**JESSICA  
STEFFENS**

**KELLY  
EATON**

**ALEX  
KORAN**



**Back Row (l-r):** Kim Krueger, Vee Dunlevie, Jillian Garton, Kate Baldoni, Kelly Eaton, Monica Coughlan. **Middle Row (l-r):** Kim Hall, Amber Oland, Alex Koran, Melissa Seidemann, Annika Dries, Victoria Kennedy, Jessica Steffens. **Front Row (l-r):** Cassie Churnside, Alyssa Lo, Pallavi Menon, Mimi Bury, Kelsey Holshouser, Alexis Lee.



## 2010 Stanford Women's Water Polo Roster

**Head Coach:**

John Tanner, 13th Season  
(Stanford '82)

**Assistant Coach:**

Susan Ortwein, 13th Season  
(UC Santa Barbara '90)

**Volunteer Assistant Coach:**

Kyle Utsumi, 3rd Season  
(Stanford '95)

**Trainer:**

Kevin Robell

#	Name	Pos.	Ht.	Yr.	Hometown (Last School)
1	Amber Oland	Goalkeeper	6-0	Jr.	Santa Ana, CA (Foothill)
1	Kim Hall	Goalkeeper	5-10	Jr.	Kaneohe, HI (Punahou)
1	Kate Baldoni	Goalkeeper	5-10	Fr.	Newport Beach, CA (Corona del Mar)
2	Melissa Seidemann	2-Meter Offense	6-0	So.	Walnut Creek, CA (College Park)
3	Pallavi Menon	Driver	5-6	So.	Palo Alto, CA (Sacred Heart Prep)
4	Alyssa Lo	Driver	5-7	So.	San Anselmo, CA (Sir Francis Drake)
5	Kelly Eaton	Driver	5-7	Sr.	Menlo Park, CA (Menlo-Atherton)
6	Vee Dunlevie	Driver	5-8	Fr.	Atherton, CA (Sacred Heart Prep)
7	Kim Krueger	Driver	5-10	Jr.	Los Altos Hills, CA (Menlo School)
8	Kelsey Holshouser	Driver	5-4	Sr.	Santa Ana, CA (Foothill)
9	Victoria Kennedy	Driver	6-0	Fr.	Newport Beach, CA (Corona del Mar)
10	Mimi Bury	Driver	5-7	So.	Newport Beach, CA (Newport Harbor)
11	Cassie Churnside	Driver	5-8	So.	Orange, CA (Villa Park)
12	Monica Coughlan	2-Meter Defender	5-8	Fr.	Moraga, CA (Campolindo)
14	Alexis Lee	Driver	5-7	Fr.	Ventura, CA (Ventura)
15	Jillian Garton	Driver	5-10	Fr.	Granite Bay, CA (Granite Bay)
16	Alex Koran	2-Meter Offense	6-0	Sr.	Tustin, CA (Tustin)
17	Jessica Steffens	2-Meter Defender	6-0	Sr.	Danville, CA (Monte Vista)
20	Annika Dries	2-Meter Offense	6-1	Fr.	Laguna Beach, CA (Laguna Beach)

# 2010 STANFORD WOMEN'S WATER POLO

2010 STANFORD WOMEN'S WATER POLO



*Kelly Eaton is among the top returnees for the Stanford women's water polo team.*

## ▼ 2010 Stanford Women's Water Polo Quick Facts

### General Information

**Location:** Stanford, CA 94305  
**Enrollment:** 15,140 (6,812 Undergraduates)  
**Founded:** 1891  
**Nickname:** Cardinal  
**Colors:** Cardinal and White  
**Conference:** Mountain Pacific Sports Federation  
**President:** John Hennessy  
**Athletic Director:** Bob Bowlsby  
**Senior Women's Administrator:** Beth Goode  
**Sport Administrator:** Earl Koberlein

### Coaching Staff

**Head Coach:** John Tanner  
**Career Record:** (297-52, 13th Year)  
**Record At Stanford:** Same  
**Assistant Coaches:** Susan Ortwein (13th Year), Kyle Utsumi (Third Year)  
**Athletic Trainer:** Kevin Robell  
**Strength & Conditioning Coach:** TBA  
**Women's Water Polo Office Phone:** (650) 725-9015

### Team Information

**2009 Record:** 26-4 (Home: 9-1, Away: 8-1, Neutral: 9-2)  
**2009 MPSF Record (Finish):** 6-1 (2nd)  
**2009 MPSF Tournament:** Runner-Up (USC 6, Stanford 5)  
**2009 National Collegiate Championship:** Third Place (Stanford 14, Hawai'i 11)  
**Letterwinners Returning/Lost:** 13/8  
**Newcomers:** 6  
**Home Pool:** Avery Aquatics Center  
**NCAA Tournament Appearances:** 9  
**NCAA Championships:** 1 (2002)

### Media Relations

**Asst. Media Relations Director/  
WWP Contact:** Aaron Juarez  
**Office Phone:** (650) 725-7277  
**E-Mail:** arjuarez@stanford.edu  
**Media Relations Office:** (650) 723-4418  
**Media Relations Fax:** (650) 725-2957  
**Athletics Website:** www.gostanford.com



*Melissa Seidemann was the leading scorer for Stanford in 2009.*

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# EVERY AQUATIC CENTER

## HOME OF CHAMPIONS

The recently rebuilt and remodeled Avery Aquatic Center is the home of all Stanford aquatic teams, and considered the finest outdoor swimming and diving facility in the United States and perhaps the world.

One of the center pieces of the facility is Avery Stadium, which features the Avery Competition Pool, and can seat 2,530 spectators in a facility designed to host all of Stanford's water polo, swimming, and synchronized swimming events. The Avery Stadium Pool is 37 meters long and 20 meters wide. It tapers from 11 feet to 14 feet deep and features dual one-meter and three-meter Maxiflex springboards on the south end.

The Avery Stadium Pool also features a new scoreboard on the north end, installed and built by Daktronics.

The Avery Aquatic Center also features two ten-lane 50-meter pools, one of which is 25 yards wide, and the other is 25 meters wide.

The four pools within the Avery Aquatic Center give Stanford student-athletes and coaches tremendous flexibility when designing training programs.

The Sandy Foundation Team Room (men's) is located on the east side of the pool deck. The Harold A. Miller Team Room (women's) is located on the west side of the deck level. In 2000, two additional team locker rooms were completed. The Men's Timkin Team Room and the Women's Team Room are now in use.

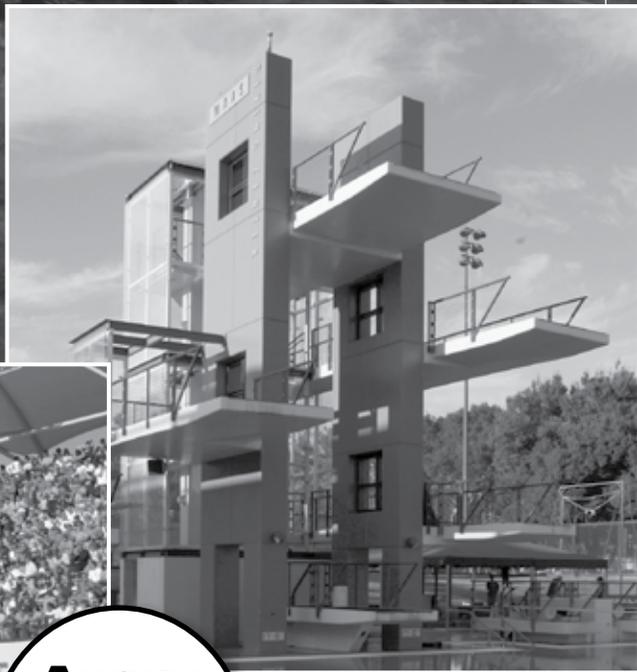
Construction began in 2007 on the Avery Video Center, which added 2,000 square feet to the existing Avery Aquatic Center. At a cost of \$1.4 million, the Avery Video Center provides a meeting facility for all aquatic sports programs, as well as state-of-the-art video equipment for game-planning and scouting purposes.

The Avery Aquatic Center has served as host of many conference and national championships. The facility has hosted the National Collegiate Men's Water Polo Championship three times (2004, 2007 and 2008), and was also the host site for the 2004 Men's MPSF Tournament.

The first-ever National Collegiate Women's Water Polo Championship was held at Avery Aquatic Center in May of 2001, and the facility has hosted the women's championship twice more, in 2004 and 2008.

On July 10, 2008, Avery Stadium was the site of the finale of the "Blastoff 2 Beijing" tour that featured a five-game series between the women's water polo teams of the United States and Australia. The United States captured a 7-5 victory in that contest in front of a standing room-only crowd of 2,926 fans, the largest recorded crowd to ever witness a women's water polo contest on American soil.





**Avery  
Aquatic  
Center**  
*Home of  
Champions*



# S STANFORD WOMEN'S WATER POLO AT THE OLYMPICS

In the relatively short history of Olympic women's water polo, Stanford alumnae have played a significant role in the fortunes of the United States Olympic Team since the first women's tournament at the 2000 Sydney Games. Over the three women's Olympic tournaments since 2000, Stanford boasts six of its alumnae combining to make a total of nine appearances for Team USA at the Olympics.

Brenda Villa, a 2003 Stanford graduate, leads the way as the only Cardinal player of that group to appear in all three Olympic tournaments. Villa, who served as the U.S. captain at the 2008 Beijing Games, has helped lead the U.S. to silver medals in Sydney and Beijing and a bronze medal at Athens in 2004.

Ellen Estes ('02) is the only other two-time Olympian among the group, donning the USA cap at the 2000 and 2004 Games, earning a silver and a bronze medal in the process.

Margie Dingeldein ('02) and Jackie Frank ('03) were also a part of the bronze medal-winning U.S. team in Athens, as Stanford boasted four members of that squad, the most the school has had on any one Olympic women's water polo team.

In 2008, two more Cardinal alumnae made their Olympic debuts, as Alison Gregorka ('07) and Jessica Steffens ('10) joined Villa on the silver medal-winning U.S. squad in Beijing.

The six Stanford Olympic alumnae have helped the United States become the only nation to medal in all three Olympic women's water polo tournaments.



**Jessica Steffens**  
*2008 Olympian*

**Alison Gregorka**  
*2008 Olympian*

**Brenda Villa**  
*Three-time Olympian*



# STANFORD AT THE OLYMPICS



The US Water Polo team, paced by four Stanford alumni, finished as the silver-medalist at the 2008 Beijing Games.

## ▼ 1992 BARCELONA GAMES - Men's (4th)

John Tanner (Assistant Coach)

## ▼ 2000 SYDNEY GAMES - Men's (6th)

John Tanner (Assistant Coach)

## ▼ 2000 SYDNEY GAMES (SILVER)

Susan Ortwein (Assistant Coach)

Ellen Estes

Brenda Villa

## ▼ 2004 ATHENS GAMES (BRONZE)

Margie Dingeldein

Ellen Estes

Jackie Frank

Brenda Villa

## ▼ 2008 BEIJING GAMES (SILVER)

Alison Gregorka

Jessica Steffens

Brenda Villa\*

\*Team captain



At the 2008 Games in Beijing, Stanford's representatives scored 19 of the U.S. team's 50 goals in the tournament, with Brenda Villa being the team's co-leader with nine. Additionally, Jessica Steffens, one of just two collegians on the U.S. squad, was the lone American player named to the Olympic All-Star Team following the tournament. At the 2004 Olympics in Athens, below, Stanford players accounted for nearly half of the team's goals.



**Jackie Frank**  
2004 Olympian

**Ellen Estes**  
2000 & 2004 Olympian

**Margie Dingeldein**  
2004 Olympian

# S STANFORD'S CHAMPIONSHIP WATER POLO TRADITION



**Brenda Villa**  
*Three-time Olympian  
Four-time All-American  
National Player of the Year*



**Ellen Estes**  
*Two-time Olympian  
Two-time All-American*

## ▼ Tradition Of Excellence

Stanford women's water polo has earned itself a spot amongst the elite programs in the nation, laying claim to a national championship in 2002 and holding the distinction of being the only team to qualify for every NCAA Championship since the tournament's inception in 2001.

Stanford has reached the NCAA Championship final five times in those nine appearances. The Cardinal has captured one national championship (2002), finished second four times, and finished third four times.

Since 1996, Stanford has also captured four MPSF titles (2000, '01, '03 and '06). The program has also racked up an impressive 361-71 (.836) over that time.

Also in that time span, Stanford student-athletes have collected 62 All-America honors as well as 68 selections to the various All-MPSF teams. On three occasions a Stanford student-athlete has taken home player of the year honors, as Brenda Villa earned the honor in 2001 and Jackie Frank claimed the award in two consecutive years (2002-03). Villa (2002) and Frank (2003) have each also claimed the prestigious Peter J. Cutino Award, presented annually by the Olympic Club to the country's top female collegiate player. Five additional Cardinal alumnae have been finalists for the award as well.

Brenda Villa ('03) remains the only Cardinal student-athlete to have earned first-team All-America honors in each season at Stanford (2001-03).

But it has not only been the classroom where the Cardinal has excelled, as the program has had 87 Academic All-America selections and 82 MPSF All-Academic nods since 1998.

Six Stanford alumnae have also had the honor of representing Stanford at the Olympic Games since women's water polo was added to the Games in 2000. Villa is the only Cardinal alumna to have been on the U.S. team for all three tournaments, earning two silver medals (2000 and '08) and a bronze medal (2004).

Ellen Estes ('02) was a part of the U.S. team at the 2000 Sydney Games and the 2004 Athens Games, while Margie Dingeldein (2004), Jackie Frank (2004), Alison Gregorka (2008) and Jessica Steffens (2008) have all made an appearance on Team USA.

Thanks in part to the play and leadership from this group of six Stanford alumnae, the U.S. holds the distinction of being the only nation to medal in all three of the Olympic women's water polo tournaments.

**Jackie Frank**  
*Two-time Olympian  
Two-time National Player of the Year*



- 1 NCAA CHAMPIONSHIP**
- 62 ALL-AMERICANS**
- 6 OLYMPIANS**
- 4 MPSF TITLES**
- 3 NATIONAL PLAYER OF THE YEAR AWARDS**
- 30 MEMBERS OF THE U.S. SENIOR NATIONAL TEAM**

**Jessica Steffens**  
*All-American*  
*2008 Olympian*



**Lauren Silver**  
*Two-time All-American*



**Christina Hewko**  
*Two-time All-American*



**Margie Dingeldein**  
*All-American*  
*Olympian*

## What to Look For in 2010

### Returning Scorers Make Stanford Dangerous

Stanford returns plenty of offensive firepower in 2010, as five 20-goal scorers from a year ago will be back in action, led by sophomore two-meter Melissa Seidemann, who led the team with 59 goals. Drivers Kelly Eaton (45 goals), Pallavi Menon (27 goals) and Kim Krueger (21 goals) along with two-meter Alex Koran (29 goals) join Seidemann in making up the brunt of the Cardinal's attack.

### The Stellar Freshman Class

Stanford will also be bolstered this season by the addition of six new faces in 2010, as goalie Kate Baldoni (Newport Beach, Calif./Corona del Mar High School), two-meter offense Annika Dries (Laguna Beach, Calif./Laguna Beach High School), all-around Vee Dunlevie (Atherton, Calif./Sacred Heart Prep), driver Jillian Garton (Granite Bay, Calif./Granite Bay High School), two-meter offense Victoria Kennedy (Corona del Mar, Calif./Corona del Mar High School) and all-around Alexis Lee (Ventura, Calif./Ventura High School) join the squad.

Baldoni and Dries were part of the U.S. Junior National Team that won gold at the 18-Under Global Championships in Australia in July, 2008. Dunlevie and Lee are both Junior Olympic All-Americans, while Kennedy helped her CdM squad to a CIF Division II title in 2006 and Garton has trained with the U.S. Junior National Team.



*Melissa Seidemann had a giant year as a freshman, scoring 59 goals to lead the Cardinal in scoring*

### Seidemann Eyeing Big 2010

Sophomore two-meter Melissa Seidemann will look to continue her dominant play in the middle as the 2010 season gets underway, as the Walnut Creek, Calif. native hopes to build off of her 59-goal debut a year ago. With a year of collegiate play under her belt already, Seidemann should still be a force in the two-meter spot and will continue to give opposing defenses fits.

### Defensive Standouts Also Back On The Farm

The offensive end of the tank isn't the only place where the Cardinal will benefit from its returners. Both goalkeepers, sophomores Amber Oland (7.05 saves per game in '09) and Kim Hall (4.67 saves per game) return to guard the cage in 2010, while All-American two-meter Jessica Steffens will also continue to be a disruptive force for opposing attacks.

### Stanford Picked To Capture MPSF Title In 2010

Stanford was the choice to take home the 2010 MPSF title, according to a poll of the conference's head coaches. The Cardinal received five of the eight first-place votes for a total of 45 points to finish atop the poll. USC was second with 42 points and one first-place vote, while UCLA was tabbed third with 38 points and the two remaining first-place votes



*Pallavi Menon scored 27 goals for the Cardinal in 2009*

# COACHING STAFF

2010 STANFORD WOMEN'S WATER POLO



## John Tanner



**HEAD COACH**  
Stanford (1982)  
13th Season

2008 MPSF Co-Coach of the Year  
2007 MPSF Coach of the Year  
2003 MPSF Coach of the Year  
2002 MPSF Coach of the Year  
1998 MPSF Coach of the Year

John Tanner enters his 13th season at the helm of the Stanford women's water polo program. An experienced and enthusiastic coach, Tanner took on the developing program in 1997 and has since turned it into a nationally-ranked powerhouse that has produced an NCAA Championship, four MPSF Championships, 11 U.S. National Team members, and six Olympians. Tanner's squad has also competed in the NCAA Championship game in each of the first three years of the NCAA Tournament, and finished in the top-three nationally each season since he came on board in 1997. Additionally, under Tanner's guidance Stanford is the only women's water polo team in the nation to qualify for all nine NCAA Championships since 2001. Tanner now holds a 297-52 (.851) career coaching record at Stanford.

In 2009, Tanner guided the Cardinal to a record of 26-4 (6-1 MPSF) and claimed a third-place national finish at the National Collegiate Women's Water Polo Championship. Four members of the team were named All-Americans by the ACWPC, and 11 were named Academic All-Americans. For the second straight year, a Stanford player also captured the MPSF Newcomer of the Year award, as Melissa Seidemann took home the honor.

Tanner earned the fifth MPSF Coach of the Year honor of his career in 2008 after leading the Cardinal to a 27-5 overall record and an 11-1 mark in MPSF play. Under Tanner's guidance, Stanford brought home a third-place national finish as well as placing four players on the ACWPC All-America Team, six on the All-MPSF Teams, including freshman goalie Amber Oland capturing Newcomer of the Year honors, and seven on the MPSF All-Academic Team.

Stanford posted a 27-3 overall record and reached the NCAA championship game for the sixth time in program history in 2007. His Cardinal squad featured five AWPCA All-Americans, an astounding 10 AWPCA Academic All-Americans, and eight members of both the MPSF All-Conference and All-Academic teams. For his part, Tanner earned his fourth career MPSF Coach of the Year honor.

In 2006, Tanner led his squad to its fourth MPSF Championship and a 24-5 overall record. The Cardinal reached the national semifinals for the tenth-straight season and boasted five AWPCA All-Americans, five Academic All-Americans, five All-Conference honorees, and seven Academic All-Conference honorees.

In 2005, Tanner's squad earned runner-up honors at both the MPSF and NCAA Championships, finishing with a 21-7 overall record. The Cardinal boasted four AWPCA All-Americans, as well as eight Academic All-Americans and MPSF All-Academic selections.

During the 2004 season, Stanford earned third place at the NCAA Championships, following a second-place finish at the MPSF Championships. Posting a 19-5 overall record, the Cardinal was recognized not only for its superior athletic performance, but for its academic achievement as well. Three players were named All-Americans, and seven student-athletes were named MPSF Academic All-Conference and Academic All-Americans.

In 2003, Tanner was named the MPSF Coach of the Year for the second consecutive season after the Cardinal finished first in the MPSF Tournament and placed second in the NCAA Tournament. The Cardinal wrapped up the season with a 21-3 overall record with the help of MPSF Player of the Year Brenda Villa and Goalie of the Year Jackie Frank.

In 2002, he led the Cardinal to its first NCAA Championship and a 23-2 record. The Cardinal earned its first NCAA title, with the help of five All-Americans. Tanner was named the MPSF Coach of the Year for the most successful season in program history.

In 2001, the Cardinal finished second at the NCAA Championships with a 27-1 record, after becoming the first-ever collegiate team to remain undefeated during the regular season.

The 2000 Cardinal posted a record of 28-5 on its way to a third-place finish at the Collegiate Nationals, and boasted five All-Americans, four players named to Collegiate National All-Tournament teams, and eight Academic All-Americans.

In 1999, the team posted a 25-6 record and placed second at the Collegiate Nationals, falling to USC 7-6 in five overtimes in the Championship game.



In his first year as head coach in 1998, Tanner led Stanford to a 29-6 record and a third place finish at the Collegiate National Championships. That same year, he was named MPSF Coach of the Year, having, at the time, led the Cardinal to its most successful season in the history of the program.

A former Stanford water polo All-American himself, Tanner returned to his alma mater with a fortune of knowledge gained from years of coaching, both at the collegiate and international levels. Tanner has been involved with United States Water Polo in various capacities from 1988 to the present. He was the assistant coach of the U.S. Men's National Team that placed sixth at the 2000 Olympics in Sydney. He garnered the second World Championship of his career in 1997 as the Americans captured the World Cup in Athens, Greece.

Tanner began his international coaching career in 1988 as a scout coach for the U.S. National "A" Team. In December of 1998, he was appointed as head coach of the U.S. National "B" Team, a position he held until early 1991. In March of 1991, he was named the assistant coach of the U.S. Olympic Team. He helped the U.S. squad capture gold at the 1991 World Cup and a fourth-place finish at the 1992 Olympics in Barcelona.

In 1980, while a student-athlete at Stanford, Tanner became involved with coaching when he served as the head coach at Menlo-Atherton High School for one season. He then coached Menlo School for the 1983 season. In 1984, he served as an assistant coach for the Stanford men's water polo team under his former coach Dante Dettamanti, when the team advanced to the NCAA title match and finished the year with a 25-5 mark.

Following the 1984 season, Tanner was hired as the head coach of the men's water polo team at the University of the Pacific in Stockton, California. In 1988, he was named the school's Director of Aquatics and the head coach of the men's swimming program, holding all three titles until his appointment at Stanford in 1996. His teams finished in the top 15 in the nation all of his 12 years and in the top-10 each of his last 10 years. He captured Big West Conference Coach-of-the-Year honors in 1991, and in 1993 his squad finished fifth at the NCAA Championships.

As the men's swimming coach at Pacific, he led the Tigers to a top-20 finish at the NCAA Tournament and coached Brad Schumacher, Pacific's first and only Olympic gold medalist in any sport. Tanner served as Schumacher's coach at the 1996 Summer Olympics in Atlanta, where he earned two gold medals as a member of the U.S. 4x100-meter and 4x200-meter free relay teams.

Originally recruited from Menlo-Atherton High School to swim at Stanford, Tanner instead played on the water polo team his freshman year, beginning a career (1978-82) that spanned three national championships and culminated in All-America honors his senior year. Tanner, a left-handed driver, started for the Cardinal in 1981 and helped lead Stanford to a perfect 31-0 record and its fourth national crown. The undefeated season was only the second in NCAA water polo history. Tanner ranked sixth on the team in goals in 1981, with 27, and garnered Honorable Mention All-America status. In 1982, he finished his career with a 48-goal performance, tying for second on the squad, and helped lead the Cardinal to a 27-5 record and its third-straight NCAA championship match appearance. Tanner was named to the NCAA All-Tournament Team, and, for his efforts throughout the season, earned All-America honors. He graduated in December 1982 with a bachelor's degree in political science.

In addition to coaching, Tanner has been a prominent member of several committees with United States Water Polo. He has served on the men's and women's National Team Head Coach Selection Committees, the Men's International/Olympic Committee and the National Coaches Committee. Tanner is also a member of the American Water Polo Coaches Association and United States Water Polo, Inc.

## Susan Ortwein

**ASSISTANT COACH**  
Stanford (1982)  
13th Season



Susan Ortwein begins her 13th year as an assistant coach for the Stanford women's water polo program. In her 12 years on The Farm, Ortwein has coached the Cardinal to a 297-52 overall record, an NCAA Championship title, five NCAA runner-up finishes, and four MPSF Championship titles. Last season she helped guide the Cardinal to a 26-4 overall mark and an impressive 6-1 record in MPSF play while taking third at the 2009 National Collegiate Championship.

In her first year, the Cardinal went 29-6 on its way to a No. 2 national ranking and a third-place finish at Collegiate Nationals. In 1999, Stanford turned in a 25-6 season and concluded the year with second place at the National Collegiate Championship game after falling to USC 7-6 in five overtimes. In 2000, Stanford finished with a third-place finish at Collegiate National Championship and a 28-5 record. In 2001, the Cardinal finished with its best record in school history at 27-1 and became the first-ever collegiate team to remain undefeated during the regular season. In 2002, the Cardinal posted a 23-2 record en route to its first-ever NCAA Championship. During the 2003 season, Stanford posted the program's third runner-up finish at the NCAA Championship, earning a 21-3 overall record. The Cardinal took third at the NCAA Tournament in 2004, placing second at the MPSF Tournament and completing a 19-5 overall record. In 2005, the team posted a 21-7 record and a NCAA runner-up finish, while in 2006, the Cardinal finished with an overall mark of 24-5 and third-place national finish. Stanford would go on to capture the MPSF regular season championship and a second-place finish at the NCAA Championship in 2007 before claiming third-place national finishes in both 2008 and 2009.

Ortwein has primary responsibility for coaching Cardinal goalkeepers and two-meter players. Last season, converted two-meter Jacquelyn Gauthier earned second-team All-America honors while freshman goalkeeper Amber Oland was named to the All-America Third Team and also took home the MPSF Newcomer of the Year award. In 2007, two-meter player Christina Hewko and goalie Meridith McColl were named All-Americans for the second-straight season, and both received a third All-MPSF honor. In 2003, goalkeeper Jackie Frank was named NCAA Player of the Year and MPSF Goalie of the Year for the second consecutive season. Two-meter player Julie Gardner earned First-Team All-America and MPSF All-Conference honors that year as well.

As head coach of the Stanford Water Polo Foundation, Ortwein coached the team to a third-place finish at the 2008 Senior Nationals, and in 2007 guided the program to its third National Championship, marking back-to-back 20-and-Under national titles for the squad. She also helmed the senior team to a fourth-place finish at the Senior Nationals as well. Current Stanford athletes garnered honors in the tournaments, with Kira Hillman being named the MVP of the 20/U tournament, Kelly Eaton earning All-American nods in both the 20/U and Senior National tournaments, and Jackie Gauthier being named a Senior Nationals All-American. Alex Koran and Heather West also competed for both Stanford squads. In 2003, the team won its first National Championship in Mission Viejo, Calif., led by former Cardinal players Laurel Champion, Lauren Faust and Kate Pettit. In 2004, the Stanford club team earned second-place at Senior Nationals, where recent alum Kelly Lubber was honored as Tournament MVP and alums Hannah Lubber and Nancy El-Sakkary were named All-Americans. At the 2004 Junior Nationals, the Stanford club team placed fourth, and also boasted the honor of having four players named to the All-Tournament team. During the summer of 2005, Ortwein's squad placed sixth at the USA Water Polo Championships and team member Christina Hewko earned Honorable Mention All-American honors.



In 1998, Ortwein was named assistant coach of the U.S. National Team. In addition to her responsibilities at Stanford, she helped to prepare the U.S. women for the 2000 Olympic qualifying tournament in Italy. The 2000 Summer Olympics in Sydney, where the U.S. won the silver medal, marked the first time women's water polo had been in the Olympic games.

Ortwein, a former collegiate water polo and swimming standout, came to The Farm from the University of the Pacific, where she spent two years at the helm of the Tiger women's water polo program.

At Pacific in 1996, Ortwein became the head coach of the school's first women's water polo team. Successful in establishing a competitive program, she completed her final year (1997) by guiding the Tigers to a 10-14 record, doubling the win total of the inaugural campaign, and establishing Pacific's place among the nation's top competitors.

Ortwein's coaching career began at her alma mater, UC Santa Barbara. She served as a graduate assistant coach for the Gaucho swim team in 1990-91 and as a women's water polo assistant in 1992-93.

In college, Ortwein was one of the top water polo players in UCSB history. A four-time All-American, she was instrumental in two Gaucho national championships (1987 and 1989) and one runner-up finish (1988). She was also an accomplished swimmer, helping UCSB to the Big West Conference title all four years.

She continued her water polo career with the U.S. National Team upon graduation. A national team member in 1991-92, she helped lead the U.S. to a third-place finish at the 1991 FINA World Cup.

Ortwein, a San Diego native, earned a bachelor's degree in sociology from UC Santa Barbara in 1990 and a master's degree in sport science in 1997 from Pacific.

# COACHING STAFF

2010 STANFORD WOMEN'S WATER POLO



## Kyle Utsumi

**VOLUNTEER  
ASSISTANT COACH**  
Stanford (1995)  
3rd Season



Kyle Utsumi begins his third season with the women's water polo program as a volunteer assistant coach in 2009.

Utsumi has helped guide the Cardinal to a combined record of 53-9 as well as to an MPSF mark of 17-2 and a pair of third-place national finishes in his first two seasons as a volunteer assistant.

During the 2008 Olympics, Utsumi served as the videographer for the U.S. Water Polo Olympic Team staff, as both the men's and women's teams captured silver medals in Beijing.

Utsumi has served as the head coach of the U.S. Junior National Team since 2004, and prior to that helmed the Youth National Team from 2001-03. His success coaching at the junior level includes gold medals at the 2004 Jr. Pan-American Games in San Salvador, El Salvador, and at the 2005 Jr. World Championships in Perth, Australia. He was also named the USWP Women's Elite Coach of the Year in 2004. In 2007, the Junior National Team, featuring current Stanford players Kim Krueger, Amber Oland, Lauren Silver, and Jessica Steffens, finished fourth at the World Championships in Porto, Portugal.

Utsumi also served as head coach of the Menlo School girls water polo team, which he led to nine league and three Central Coast Section titles in his nine years at the helm.

He began his coaching career in 1993 and still coaches with the Stanford Water Polo Foundation club, where he has coached every age group over that time and was instrumental in starting both the boys and girls 14-under programs.

Utsumi, who played at Stanford under head coach Dante Dettamanti in 1991, graduated in 1995 with a bachelor's degree in economics, and in 1996 also earned his master's in sociology from Stanford.

## ▼ Support Staff



**Kevin Robell**  
*Athletic Trainer*



**Earl Koberlein**  
*Senior Associate Athletic  
Director, Intercollegiate  
Sports/Water Polo  
Sport Administrator*



**Aaron Juarez**  
*Athletic Communications*



## Kate Baldoni

### GOALKEEPER

Freshman • 5-10  
Newport Beach, CA  
(Corona del Mar)

#1



**High School:** A 2009 graduate of Corona del Mar High School in Corona del Mar, Calif. ... competed for the swimming and water polo teams ... captained the water polo team as a senior... won four straight Pacific Coast League titles at CdMHS ... helped lead team to CIF Southern Section Division II title in 2006 and to Division I runner-up finishes in 2008-09 ... named *Daily Pilot* Dream Team Co-Player of the Year as a junior ... named to CIF Southern Section Division I First Team in 2008 and 2009 ... won or shared Pacific Coast League MVP honors as a junior and senior ... named to *Orange County Register* All-County Team in 2009 ... earned spot on *Daily Pilot* Dream Team as a senior ... played club for Corona del Mar from 2006-08, and for SET in 2009 ... competed with U.S. Junior National Team at Born in '90 Global Championships in Brisbane, Australia in 2008, where team won gold medal ... was named Most Valuable Goalie ... helped team to bronze medal at Junior World Championships in Khanty-Mansiysk, Russia in 2009.

**Personal:** Born in Fountain Valley, Calif. ... parents names are Rudy and Mary ... has one older brother, RJ, who played water polo at UC Irvine ... hobbies include traveling and going to concerts ... major is undeclared.

**Why I Chose Stanford:** "There is no comparison to Stanford. From the many academic opportunities Stanford offers, to the outstanding athletics, to the friendly community, it was an easy decision to come here. Stanford has the atmosphere necessary to succeed."

## Mimi Bury

### DRIVER

Sophomore • 5-7  
Newport Beach, CA  
(Newport Harbor)

#10



**Summer 2009:** Went home to Newport Beach and played club polo ... taught water polo and swimming lessons for the City of Newport Beach.

**As A Freshman In 2009:** Scored three goals ... had one multi-goal game ... scored twice in 19-4 victory over UC Santa Cruz (2/14) ... added a goal in 18-3 victory over CS Bakersfield (3/8).

**High School:** A 2008 graduate of Newport Harbor High School in Newport Beach, Calif. ... competed for the swimming and water polo teams ... captained the water polo and swimming teams as a senior... helped lead the NHHS water polo squad to CIF Southern Section Division I titles in 2006 and 2008 ... named to the All-CIF Southern Section First Team ... earned Sunset League Player of the Year honors ... named Co-Player of the Year by the *Daily Pilot* ... earned MVP and High Point awards

as a member of the swim team ... named to the *Orange County Register's* "Dream Team" ... voted most likely to succeed by her classmates ... plays club water polo for Newport Water Polo Club ... was a member of the 2006 and 2007 Southern Pacific zone Youth Teams.

**Personal:** Born in Newport Beach, Calif. ... parents names are Mark and Cindy ... has one older brother, Michael, who played water polo at Stanford ... hobbies include painting and going to the beach ... plans to major in engineering and product design.



**Favorite Stanford Memory:** "My favorite Stanford moment was during my freshman year at a team dinner when, on the spot, the freshman had to create a rap about the senior class. In about 15 minutes we came up with a rap that perfectly described the senior class and it even rhymed. We performed it at a restaurant in front of like 50 people and every one loved it. I'm pretty sure that our rap turned out so good because of all of the hours we practiced singing songs on Rock Band throughout the year."

## Cassie Churnside

### DRIVER

Sophomore • 5-8  
Orange, CA  
(Villa Park)

#11



**Summer 2009:** Stayed at Stanford and played for Stanford club, winning both 20s and opens. Worked the Stanford camps and then went down south to spend some time with the family.

**As A Freshman In 2009:** Scored 13 goals ... posted three hat tricks ... scored three goals in 15-14 win against Arizona State at Stanford Invitational (2/8) ... posted her second hat trick in 19-4 win over UC Santa Cruz (2/14) ... added a goal in win over Harvard (3/21) ... scored three times in National Collegiate Championship quarterfinal victory over Marist (5/8).

**High School:** A 2008 graduate of Villa Park High School in Villa Park, Calif. ... competed for the swimming and water polo teams all four years ... captained the water polo team in her junior and senior seasons ... was a four-time All-American in water polo, the first VPHS player to accomplish the feat ... finished her career as VPHS' all-time leading goal-scorer ... helped lead team to Century League titles in all four seasons ... team reached the CIF Southern Section Semifinals in 2005, 2007 and 2008, and reached the final in 2006 ... took home Century League MVP honors in 2005, 2007 and 2008 ... helped swim team to four league titles ... was part of the U.S. Youth National Team



# PLAYER PROFILES

2010 STANFORD WOMEN'S WATER POLO



from 2005-07, and played on teams that won the gold at the 2006 Pan-American Junior Games in Montreal and went undefeated in youth tournament action in Sydney, Australia in 2007 ... played club water polo for Breakers in 2005 and SET from 2007-08 ... helped her SET team reach the championship game of the Open Tournament at the U.S. Water Polo Top 40 Festival in 2007 ... also competed at the Top 40 Festival in 2008.

**Personal:** Born in Orange, Calif. ... parents' names are Joe and Becky ... has an older brother, Alex, who currently plays water polo at the U.S. Air Force Academy, and a younger brother named Ben ... enjoys watching the TV shows "South Park" and "The Office" as well as music, hanging out with friends and Anaheim Ducks hockey ... has plans to study pre-med with an eye on a career as a dermatologist or psychologist.

**Favorite Stanford Memory:** "Winning the Irvine Tourney in February. Finding out I actually passed chemistry. And ballin' it up Cynthia Barboza-style during volleyball before our wonderful hike!"

## Monica Coughlan



**2-METER DEFENSE**  
Sophomore • 5-8  
Moraga, CA  
(Campolindo)

**#12**

**Summer 2009:** Played for Stanford Club Water Polo ... won titles at the 20/U and senior national championships ... named to All-America First Team at senior nationals.

**As A Freshman In 2009:** Scored three goals ... scored first goal of the season in 19-4 rout of UC Santa Cruz (2/14) ... added a goal in Irvine Invitational title game victory over USC (2/22) ... scored once in victory over Harvard (3/21).

**High School:** A 2008 graduate of Campolindo High School in Moraga, Calif. ... competed for the swimming and water polo teams all four years ... captained the water polo team in 2007 ... helped team to North Coast Section semifinal appearances in 2004, 2006 and 2007 ... named a High School All-American as a senior ... earned spot on *Contra Costa Times* All-East Bay Water Polo Team ... was named first-team All-NCS in 2006 and 2007 ... earned DFAL First Team honors as a junior and senior ... took home team MVP honors in 2006 and 2007 ... named CHS' 2008 Female Scholar-Athlete of the Year ... played club water polo for Lamorinda Golden Bear Water Polo Club from 2004-07 before playing for Stanford Water Polo Club in 2008.

**Personal:** Born in Walnut Creek, Calif. ... parents names are John and Margaret ... mother rowed at Loyola Marymount ... has three older siblings, Brian, Mark and Claire ... Brian was a member of the swim team at Notre Dame ... majoring in biology.



**Favorite Stanford Memory:** "One night during the MPSF Tournament in Hawai'i, part of our team went to a restaurant where we were invited up in front of the entire restaurant to learn the hula. We were so good that we got a standing ovation."

## Annika Dries



**2-METER OFFENSE**  
Freshman • 6-1  
Laguna Beach, CA  
(Laguna Beach)

**#20**

**High School:** A 2009 graduate of Laguna Beach High School in Laguna Beach, Calif. ... competed for the swimming and water polo teams all four years ... captained the water polo and swimming teams in her junior and senior seasons ... helped lead team to CIF Southern Section Division II title as a senior, and semifinal appearances from 2007-08 ... named CIF Southern Section Division II MVP as a senior, to the first team as a junior, and to the second team as a sophomore ... three-time *Orange County Register* All-County selection, and named MVP in 2009 ... named Orange Coast League MVP as a senior ... holds the school's 50-yard freestyle record ... played club for SET from 2006-09 ... named Junior Olympics All-American in 2007 and 2008 ... helped team to runner-up efforts at the Top 40 Tournament (2006) and national club championships (2009) ... team won 20/U national title in 2008 ... has played for the U.S. Junior National Team since 2006 ... made debut at the Junior Pan-Am Games in Montreal, Canada in 2006 ... was also a member of the Olympic Scout Team in 2008 that trained with the 2008 Olympic Team.

**Personal:** Born in San Diego, Calif. ... parents' names are Eric Dries and Pamela Madsen ... enjoys playing the piano ... plans to major in human biology.

**Why I Chose Stanford:** "I chose Stanford because it offers endless opportunities in both academics and water polo. Even more though, the amazing team, the incredible coaches, and the overall environment, including the beautiful campus, really make Stanford feel like home."



## Vee Dunlevie

### DRIVER

Freshman • 5-8  
Atherton, CA  
(Sacred Heart Prep)

### #6



**High School:** A 2009 graduate of Sacred Heart Prep in Atherton, Calif. ... competed for the swimming and water polo teams ... captained the water polo and swimming teams as a senior ... helped team to four West Catholic Athletic League titles ... led team to Central Coast Section runner-up finish in 2006 and then to consecutive CCS titles in 2007-08 ... named CCS Division II Player of the Year and *Palo Alto Daily News* Player of the Year as a senior ... earned a spot on the NISCA All-America First Team in 2008 ... named MVP of the 2008 CCS Division II Senior All-Star Team ... two-time All-CIF Central Coast Section Division II First Team (2007-08) ... twice named to the All-WCAL First Team (2007-08) ... led WCAL in scoring as a senior ... plays club for Stanford Water Polo Club (2004-09) ... won gold medals with the club at the 20/U and senior national championships in 2009 ... won bronze at the Junior Olympics in 2006 and 2007 ... named to All-America First Team at Junior Olympics in 2006 and 2008.

**Personal:** Born in Stanford, Calif. ... parents names are Bruce and Elizabeth ... has three siblings, Jane, Alex and Robert ... plans to major in English with a minor in history ... hobbies include playing tennis, card games and traveling.

**Why I Chose Stanford:** "I chose to come to Stanford because it offers the best combination in the country – world class athletics and first class academics. From the fantastic coaching to the beautiful facilities to the wonderful weather to the unparalleled intellectual opportunities to the rich student life – Stanford offers everything a college student can want. In short, I chose Stanford because I was lucky enough to have the wonderful opportunity to do so."

## Kelly Eaton

### DRIVER

Senior • 5-7  
Menlo Park, CA  
(Menlo-Atherton)

### #5



**Summer 2009:** Competed with Stanford Water Polo Club ... captured title at Senior National Championships, being named MVP ... conducted independent bio research for Honors thesis ... was head coach and aquatics director at Menlo Country Club ... adventured in Wyoming and Monterey.

**As a Junior in 2009:** Second on team with 45 goals ... named ACWPC All-America and All-MPSF honorable mention ... also earned a spot on the All-National Collegiate Second Team ... named ACWPC Academic All-American as well as to MPSF All-Academic list ... posted six hat tricks among her 13 multi-goal games ... scored in each of Stanford's first seven games ... opened the year with consecutive hat tricks in wins over Santa Clara (1/29) and Hawai'i (2/6) ... scored twice in 12-10 overtime loss against USC at the Stanford Invitational (2/7) ... posted hat trick in 10-5 win over UCLA in third-place game of the Stanford Invitational (2/8) ... scored twice in 11-10 victory over Hawai'i in the semifinals of the Irvine Invitational (2/22) ... netted

three goals in 16-8 win over San Jose State (2/28) ... scored twice in 6-5 loss to USC in the MPSF Tournament championship game (4/26) ... scored six goals at the National Collegiate Championship, highlighted by a hat trick in the semifinals against UCLA (5/9).

**Summer 2008:** Competed with Stanford club team, helping her squad to third place at Nationals and sixth place at Junior Nationals ... was a member of the All-Tournament Team at each tournament ... did research in a biology lab on Stanford campus.

**As a Sophomore in 2008:** Named to ACWPC All-America Third Team ... finished third on team with 49 goals ... posted three hat tricks, including a pair of four-goal games ... scored at least one goal in 26 games ... named Mikasa MPSF Player of the Week (4/7) after scoring eight goals over three Stanford wins, including four goals in 8-7 win at No. 3 USC (4/5) ... scored in each of Stanford's first seven games ... tallied pair of goals against Santa Clara (2/3) ... notched four against Arizona State (2/9) ... scored two against both USC (2/9) and Hawai'i (2/10) to bring her haul to nine goals over the four Stanford Invitational contests ... posted second hat trick against Pacific (2/16) ... added a pair of goals against both UC Davis (2/17) and San Jose State (2/23) ... scored twice against Arizona State (3/2) ... added a goal in 10-9 overtime win at Hawai'i (3/24) ... scored four times in 8-7, overtime win at USC (4/5) ... scored twice against UC Irvine (4/13), San Jose State (4/19), and against California (4/25) in the quarterfinal round of the MPSF Tournament ... posted four goals at National Collegiate Championship, including two in 12-1 win over Marist (5/9) ... named to MPSF All-Academic list.

**Summer 2007:** Played with Stanford club and repeating as 20/U champions and getting fourth at Seniors ... coached with the Menlo Country Club swim team ... coached Foothill water polo camp.

**As a Freshman in 2007:** Named to the MPSF All-Freshman Team ... scored 26 goals on the year while helping the Cardinal to a national runner-up finish and 27-3 record ... scored twice in 23-5 win over Pacific (2/10) ... again scored a pair of goals in 10-8 overtime win over USC (2/17) ... found the net on two occasions in 16-4 win over Michigan (2/24) ... netted goals in five straight games from 3/2-25 ... scored a pair of goals in each of the first two contests of the MPSF Tournament ... posted her first collegiate hat trick in 25-8 opening-round NCAA Tournament win over Wagner (5/11) ... scored two more goals in semifinal win over San Diego State (5/12).

**High School:** A 2006 graduate of Menlo-Atherton High School in Atherton, Calif. ... Competed in swimming and water polo ... Captained both squads as a senior ... 2005-06 CIF Female Scholar-Athlete of the Year ... A 2006 US Junior National Team member ... A First Team High School All-American ... A three-time First Team Junior Olympic All-American ... A First Team 20/U All-American at 2006 Junior Nationals ... A First Team Senior All-American Spare at 2006 Senior Nationals ... Pacific Zone Junior Team and Youth Team member ... *San Jose Mercury News* Player of the Year in 2005 ... Central Coast Section Player of the Year in 2005 ... Peninsula Athletic League Player of the Year in 2005 ... Honored by the *San Francisco Chronicle* as one of the Peninsula's Top-10 Female High School Athletes ... Four-time First Team All-Central Coast Section/CIF honoree ... Four-time All-*Mercury News* Team honoree.

**Personal:** Born in Mountain View, Calif. ... daughter of Mike and Mary Etta Eaton ... has a brother, Robbie, who is a junior electrical engineering major at Stanford ... cousin, Di, is on the varsity women's rowing team ... enjoys surfing, baking, reading, boogie-boarding, going to the beach and coaching a summer swim team ... majoring in electrical engineering and plans to pursue a career in biotech research or management.

**Favorite Stanford Memory:** "Sharing the sense of accomplishment and 360-degree vistas with my intrepid teammates at the pinnacle of Mount Tallac, and later taking a much-needed "ice bath" in the brisk crystal clear waters of Lake Tahoe."



# PLAYER PROFILES

2010 STANFORD WOMEN'S WATER POLO



## Jillian Garton

### DRIVER

Freshman • 5-10  
Granite Bay, CA  
(Granite Bay)

#16



**High School:** A 2009 graduate of Granite Bay High School in Granite Bay, Calif. ... competed for the swimming and water polo teams ... captained the water polo team as a junior and senior ... led team to four league titles ... named league and team MVP in 2007 and 2008 ... all-time GBHS scoring leader with 432 career goals as well as 185 goals in a single season ... holds section and GBHS records for the 400-yard freestyle relay as well as school records for the 200-yard medley relay and 200-yard freestyle relay ... also named swim team MVP in 2007 ... played club for American River Water Polo Club ... was named Best Defensive Player in 2007 ... has trained with the U.S. Junior National Team.

**Personal:** Born in Sacramento, Calif. ... parents names are Michael and Donna ... has two older siblings, Jessie and J.J. ... J.J. is a former All-American water polo player at Stanford, while Jessie played water polo at Princeton ... major is undeclared ... enjoys playing golf, bowling, snowboarding and water skiing.

**Why I Chose Stanford:** "Stanford was always a big part of my family with my brother graduating in 2007 and also playing water polo during his four years here. So I knew a lot about the school and fell in love with it right away. I would always come to his games in the Avery stadium and I immediately fell in love with the complex and the people that were here and supported the sport. I love the atmosphere and the sense of community that Stanford has to offer. It is an amazing school with the perfect combination of athletics and academics. I couldn't pass the opportunity up."



## Kim Hall

### GOALIE

Junior • 5-10  
Kaneoche, HI  
(Punahou)

#1



**Summer 2009:** Played with the Hawaiian Islands Water Polo Club Open team and competed in the Hawaiian Invitational water polo tournament ... participated in a research internship at Straub Clinic and Hospital in Honolulu.

**As a Sophomore in 2009:** Saw action in 15 games, starting eight ... averaged 4.67 saves per game and allowed just 3.80 goals per game ... made first start against Indiana at Stanford Invitational, stopping four shots and allowing just two goals in 11-2 win (2/7) ... made 12 saves in doubleheader sweep of Sonoma State and UC Santa Cruz (2/14) ... stopped five shots in 16-6 win over UC San Diego at Irvine Invitational (2/21) ... allowed just three goals and stopped seven shots in 18-3 win over CS Bakersfield (3/8) ... stopped seven shots and allowed just two goals against Harvard (3/21) ... again made seven saves in 11-5 win at UC San Diego (3/24) ... stopped five shots over two-plus periods of work in win over Marist at the National Collegiate Championship (5/8).

**Summer 2008:** Played with Hawaiian Islands Water Polo Club and participated in the Hawaiian Invitational water polo tournament ... coached water polo and taught swimming lessons.

**As a Freshman in 2008:** Saw action in 14 games, starting three ... averaged 3.21 saves per game and allowed just 2.64 goals per game over her 14 appearances ... made two saves in collegiate debut against Santa Clara (2/3) ... made two saves again, this time against Arizona State at Stanford Invitational (2/9) ... started first collegiate game, allowing just two goals and stopping four shots in win over Pacific (2/16) ... made season-high eight saves in 11-5 win over Pomona-Pitzer (3/9) ... started against Claremont-Mudd-Scripps, making seven saves and allowing just four goals in 15-4 win ... stopped five shots in relief against Brown (3/29) ... made six saves in relief against Marist at the National Collegiate Championship (5/9) ... earned a spot on ACWPC Academic All-America list.



**High School:** A 2007 graduate of Punahou High School in Honolulu ... competed for the swimming and water polo teams ... captained both squads as a senior ... a first-team all-league water polo player as a junior and senior ... named an all-league swimmer as a senior ... posted a top-10 time in the 50-meter freestyle as well as a top-15 time in the 100-meter freestyle.

**Personal:** Born in Honolulu, Hawai'i ... daughter of Warren and Mira Hall ... has one brother, Sean ... enjoys going to the beach, camping, hiking, and surfing ... majoring in biology ... professional goals include becoming an orthopedic surgeon.

**Favorite Stanford Memory:** "My favorite Stanford memory is probably the Big Game of 2007. The whole week leading up to the game is filled with excitement and the game itself was very exciting. Not only did Stanford win, and bring the Axe back to campus after many years without it, I was able to enjoy the experience with my dormmates and teammates, and we rushed the field!"

## Kelsey Holshouser

**DRIVER**  
Senior • 5-4  
Santa Ana, CA  
(Foothill)

**#8**



**Summer 2009:** Played with Stanford Water Polo Club ... helped team to first-place finish at nationals ... named to All-Tournament Team ... coached 12/U girls team for Stanford Club at Junior Olympics.

**As a Junior in 2009:** Named to MPSF All-Academic Team ... scored 14 goals ... posted two multi-goal games ... netted first goal of the year in 11-2 win over Indiana (2/7) ... scored twice in doubleheader sweep of Sonoma State and UC Santa Cruz (2/14) ... found the back of the cage in 12-5 win at UC Davis (3/8) ... netted a pair in win over Harvard (3/21) ... scored a goal in three consecutive wins from March 24-26 ... scored in 11-10 overtime win against UCLA in MPSF Tournament semifinal (4/25) ... found the back of the net twice in National Collegiate Championship quarterfinal victory over Marist (5/8).

**Summer 2008:** Played with Stanford Water Polo Club at 20/U and Nationals, finishing third ... coached 16/U girls team for Stanford Club at the Junior Olympics.

**As a Sophomore in 2008:** Scored 23 goals on the season ... had seven multi-goal games ... scored three goals in Stanford's first two games, highlighted by her first of six two-goal games, against Arizona State (2/9) ... added a pair of goals in Irvine Invitational win over UC San Diego (2/23) ... netted pair of goals in consecutive games, against Arizona State (3/2) and at UCSB (3/7) ... scored twice in 16-5 win over Brown (3/29) ... tallied goal in 8-7 win at USC (4/5) ... scored twice in 9-8 win at San Jose State (4/19) ... netted a goal in Stanford's 12-1 win over Marist at the National Collegiate Championship (5/9) ... posted hat trick in third-place game victory over UC Davis (5/11) ... named to MPSF All-Academic list.



**Summer 2007:** Played with Socal Water Polo Club ... Played in 20-Under with team finishing fourth ... Played in nationals, with team placing second.

**As a Freshman in 2007:** Scored 21 goals and helped team to national runner-up finish and 27-3 record ... netted a pair of goals in 16-7 win over Arizona State (2/4) ... put up another two-goal game against the Sun Devils in a 12-7 win (3/2) ... scored goals in three straight games, including her first collegiate hat trick in 13-6 win over Long Beach State (4/7) ... netted a goal in MPSF semifinal win over Hawai'i (4/28) ... scored season-high five goals in 25-8 win over Wagner in NCAA Tournament's opening round (5/11) ... scored again in semifinal win over San Diego State (5/12).

**High School:** A 2006 graduate of Foothill High School in Tustin, Calif. ... earned four letters in swimming and diving and four in water polo ... captained the water polo squad from 2004-06 ... named to the All-CIF Division I First Team as a junior and senior ... a first-team All-Orange County honoree in 2005 and 2006 ... four-time All-American ... led team to 2005 Division I CIF Championship.

**Personal:** Born in Redlands, Calif. ... daughter of Jeffrey and Barbara Holshouser ... has sister named Laura who is married to Justin ... enjoys relaxing, playing in the ocean, telling amazingly funny jokes and Mexican food ... majoring in Management Science and Engineering ... contemplating a career in venture capitalism or real estate.

**Favorite Stanford Memory:** "It was meeting so many different kinds of people throughout the year. I now have a best friend who not only lives on the other side of the country, but also lived on a different continent for most of her life. My friends here are like no other and they have rapidly become the team's biggest fans. I could never find this collection of personalities anywhere else."



## Victoria Kennedy

**DRIVER**  
Freshman • 6-0  
Newport Beach, CA  
(Corona del Mar)

**#9**



**High School:** A 2009 graduate of Corona del Mar High School in Corona del Mar, Calif. ... helped lead team to CIF Southern Section Division II title in 2006, and two section runner-up finishes as a junior and senior ... played club for Corona del Mar from 2006-09.

**Personal:** Born in San Marino, Calif. ... parents names are Raymond and Elizabeth ... has two younger siblings, George and Grace ... plans to major in religious studies ... hobbies include playing the violin and guitar, reading, talking to friends, researching and writing.

**Why I Chose Stanford:** "I chose Stanford because I love the combination of excellence in athletics and academics. That, combined with the sunshine and awesome people, creates the perfect environment for me to thrive in. More importantly, however, I think it's the people (students, faculty and alumni) who make this place so special. I've learned more from them than I have in my classes!"

## Alex Koran



### 2-METER OFFENSE

Senior • 6-0  
Tustin, CA  
(Tustin)

#16

**Summer 2009:** Played with Stanford Water Polo Club, finishing first at nationals.

**As a Junior in 2009:** Scored career-best 29 goals ... posted four hat tricks out of her six multi-goal games this season ... opened the season with four goals in 17-3 win at Santa Clara (1/29) ... scored in 12-10 overtime loss to USC at Stanford Invitational (2/7) ... posted consecutive hat tricks in 16-8 victory over San Jose State (2/28) and a 13-6 win at Arizona State (3/7) ... tallied a pair in 12-5 win at UC Davis (3/8) ... scored four times in 13-6 MPSF Tournament quarterfinal win over San Diego State (4/24) ... scored once in 14-11 victory over Hawai'i in the third-place game of the National Collegiate Championship.

**Summer 2008:** Competed with Stanford Club at 20/U and Nationals, helping team to third-place finish at Nationals ... took a course in psychology and participated in a psychology research lab, assisting in specific studies pertaining to mind, culture and society.

**As a Sophomore in 2008:** Tallied seven goals despite missing first month of the season due to injury ... scored first goal of the season in 12-6 win over Arizona State (3/2) ... added a goal in 9-7 loss at UCLA (3/8) ... tallied a goal against Claremont-Mudd-Scripps (3/9) ... notched goal in 16-5 against Brown (3/29) ... posted hat trick against CSU Monterey Bay (3/30).



**Summer 2007:** Competed with Stanford Club at 20/U and Nationals ... Helped coach Stanford Water Polo Camps.

**As a Freshman in 2007:** Scored 10 goals and helped team to national runner-up finish and 27-3 record ... scored twice in 15-8 win over San Jose State (2/3) ... posted another two-goal game in 23-5 win over Pacific (2/10) ... netted a pair of goals in 16-4 victory over Michigan (2/24) ... adding two goals in 19-5 win over Maryland (3/25) ... scored in the NCAA Tournament opening-round 25-8 win over Wagner (5/11).

**High School:** A 2006 graduate of Tustin High School in Tustin, Calif. ... earned four letters in swimming and diving and three in water polo ... captained both swimming and water polo squads ... named to the All-CIF Division II Third Team as a junior and First Team as a senior ... all-league second team honoree as a junior and the Century League Player of the Year as a senior ... named a fifth-team All-American and an All-American Academic honoree as a senior.

**Personal:** Born in Whittier, Calif. ... daughter of David and Barbara Tolbert ... enjoys going to the beach, snow-skiing, horseback riding and hanging out with friends ... majoring in psychology and plans to pursue a career in medicine or research.

**Favorite Stanford Memory:** "Beating USC in football my sophomore year and cheering for my Boo!"

## Kim Krueger



### DRIVER

Junior • 5-10  
Los Altos Hills, CA  
(Menlo School)

#7

**Summer 2009:** Played on championship 20/U and Open teams ... coached 14/U at the Junior Olympics ... went glass blowing in Austin, Texas and to a Lil Wayne concert.

**As a Sophomore in 2009:** Named APWPC Academic All-American and to MPSF All-Academic Team ... scored 21 goals ... posted four multi-goal games ... scored twice in season-opening win at Santa Clara ... added another pair of goals in 15-14 win over Arizona State at the Stanford Invitational (2/8) ... scored twice in 19-4 win over UC Santa Cruz ... posted a pair of goals in 11-10 victory over Hawai'i in Irvine Invitational semifinal ... scored a goal in Irvine Invitational title game victory over USC ... scored in three straight games from March 28-April 18 ... scored a goal in each game at the National Collegiate Championship from May 8-10.

**Summer 2008:** Played water polo for the Stanford Club team that placed third at Nationals ... was named to the all-tournament teams for Nationals and 20/U Nationals ... made the Senior National "B" team for Global Championship tournament ... coached the Stanford club 16/U "B" team at Junior Olympics with teammate Kelsey Holshouser, and led them to a successful tournament ... traveled, including playing a surfboard water polo tournament in Honolulu, visiting the Whole Foods mother-store in Austin, Texas, and going to the USC-Ohio State football game at the Los Angeles Coliseum.

**As a Freshman in 2008:** Named to MPSF All-Freshman Team ... netted 19 goals on the season to lead all Stanford freshmen ... had one hat trick and posted five multi-goal games ... opened collegiate career with hat trick in season opener against Santa Clara (2/3) ... added single goals in wins over UC San Diego (2/23) and San Jose State (2/23) at Irvine Invitational ... scored twice in 12-9 win over San Diego State (3/1) ... tallied pair of goals in 10-4 win over UC Irvine (4/13) ... scored in third-place game win over Hawai'i at MPSF Tournament (4/27) ... scored two goals at the National Collegiate Championship, netting one against both Marist (5/9) and UC Davis (5/11) ... earned a spot on ACWPC Academic All-America list.



**High School:** A 2007 graduate of the Menlo School in Atherton, Calif. ... competed for the swimming and water polo teams ... captained the water polo team as a senior ... named Menlo School Female Athlete of the Year in 2007 ... was twice named to the All-PAL First Team, in 2006 and '07 ... four-time All-PAL First Team selection in swimming ... named to All-Central Coast Section First Team as a senior ... named to CCS All-Star Game, where she took home MVP honors ... helped lead team to three CCS titles from 2004-06 ... named to the Pacific Zone All-Star team in 2007 ... a two-time second-team All-American ... also a two-time Academic All-American ... in summer of 2006, helped U.S. Youth team to Junior Pan-American Games title ... in swimming, finished in the CCS Top 16 three times ... competed with the Junior National Team at the Junior World Championships in Porto, Portugal in the summer of 2007.

**Personal:** Born in Stanford, Calif., and grew up in Honolulu, Hawai'i ... parents names are Mike and Marcia ... has one sibling, Kelly ... also has a pet mini-dachshund named Kimo ... enjoys reading, glass blowing, playing tennis, Michael Jackson music and college football ... hopes one day to become NFL Commissioner.

**Favorite Stanford Memory:** Saturday, Oct. 6, 2007. I am on a train coming back from my freshman dorm scavenger hunt in the city. Stanford football is playing USC in the Coliseum. My mom texts me, '1st down on usc 10 yd line, 2 min left.' I read the text aloud and freshmen all around me stare in disbelief. One boy even ventures so far as to tell me I'm wrong, that we must be on our own ten-yard line, I quickly put him in his place. At this point, I call my mom and before I know it, I am standing in the middle of the train car relaying the play-by-play of our epic last minute win over USC. The impromptu broadcast ends when Bo McNally intercepts Booty's pass with 23 seconds left. The train pulls into the station and it is a sprint down campus drive, screaming and cheering as cars honk at us. I grab all my friends and head to greet the team at Maples. I shove my way to the buses and high-five as many football players as I can. I have never been so excited, had so much fun, or felt more connected with my classmates than when Stanford beat USC, 24-23.

## Alexis Lee

**DRIVER**  
Freshman • 5-7  
Ventura, CA  
(Ventura)

**#14**



**High School:** A 2009 graduate of Ventura High School in Ventura, Calif. ... competed for the water polo and swimming teams all four years ... captained the water polo team for two years and the swimming team for three ... named to the All-Ventura County First Team as a sophomore, junior and senior ... named Ventura County Player of the Year as a senior ... earned team MVP honors in each of her final three years ... holds school records for most career goals, assists, steals and ejections drawn ... holds the VHS records in the 4x100-yard and 4x50-yard freestyles relays ... played club for Ventura Coast from 2005-07 and then for Santa Barbara Water Polo Club from 2007-09 ... helped Santa Barbara squad to runner-up finish at Junior Nationals ... named tournament MVP in 2006, 2008 and 2009.

**Personal:** Born in Pasadena, Calif. ... parents names are Kee and Jill ... has one younger sibling, Bryan ... plans to major in human biology ... enjoys hanging out at the beach and playing ultimate Frisbee.

**Why I Chose Stanford:** "I chose to come to Stanford because I couldn't think of a legitimate reason not to. It has the best combination of academics and athletics, the campus is absolutely beautiful and everyone on the team is extremely encouraging."

## Alyssa Lo

**DRIVER**  
Sophomore • 5-7  
San Anselmo, CA  
(Sir Francis Drake)

**#4**



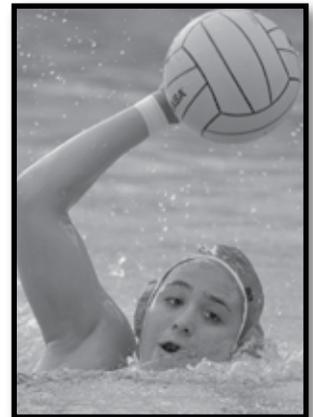
**Summer 2009:** Played with Stanford Water Polo Club, winning 20U and senior national championships ... was a counselor for Stanford Water Polo Camps ... took a summer course on human physiology.

**As a Freshman in 2009:** Scored 19 goals ... had a hat trick among her six multi-goal games ... scored twice in season-opening win at Santa Clara (1/29) ... posted her first collegiate hat trick in 16-6 win over UC San Diego at the Irvine Invitational (2/21) ... had three straight two-goal games from March 8-21 (against UC Davis, CS Bakersfield and Harvard) ... netted a pair in 13-6 MPSF Tournament quarterfinal win over San Diego State (4/24).

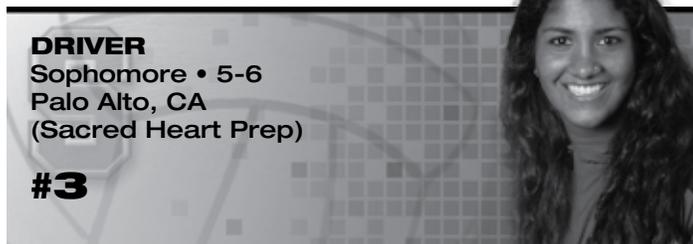
**High School:** A 2008 graduate of Sir Francis Drake High School in San Anselmo, Calif. ... competed for the swimming and water polo teams all four years ... captained the water polo team in 2007 and the swim team from 2007-08 ... led team to MCAL title in 2004 and 2006 ... team turned in a top-four North Coast Section finish in 2007 ... captured MCAL MVP honors as a junior and senior ... took home team MVP award in 2007 ... selected to the All-NCS First Team three times (2005-07) ... four-time selection to the All-MCAL First Team ... led team in scoring from 2005-07 ... set school swimming records in the 200-yard IM, 200-yard freestyle, 500-yard freestyle and the 100-yard freestyle ... Marin Athletic Foundation Scholar-Athlete in 2008 ... member of the U.S. Youth National Team that went undefeated in play in Sydney, Australia over the summer of 2007 ... has also participated in the U.S. Water Polo Top 40 Festival Open Tournament ... played club for Marin Water Polo Club from 2002-08 ... helped team to top 20 finish at 2008 Junior Olympics ... was named Junior Olympics All-American in 2006.

**Personal:** Born in San Anselmo, Calif. ... parents names are Richard and Kathleen ... father rowed at Pacific ... has one younger sister, Kaitlyn ... hobbies include watching movies, hanging out with friends and watching sports ... plans to major in human biology and is contemplating a career as an emergency-room doctor.

**Favorite Stanford Memory:** "The day I finally moved into my freshman dorm. From the RAs knowing my name to JT visiting to Koree coming to my room to welcome me to the team, it all seemed like a surreal blur, and finally I realized I had made my dreams come true and I was at Stanford."



## Pallavi Menon



**DRIVER**  
Sophomore • 5-6  
Palo Alto, CA  
(Sacred Heart Prep)

**#3**

**Summer 2009:** Played for Stanford Water Polo Club that won 20/U and senior national championships ... named to 20/U All-America First Team ... coached at Stanford water polo camps.

**As a Freshman in 2009:** Tied for sixth on the team and second among freshmen with 27 goals ... three hat tricks among seven multi-goal games ... scored twice in 12-10 overtime loss to USC at Stanford Invitational (2/7) ... posted first hat trick with three goals in 19-4 win over UC Santa Cruz ... followed that up with second hat trick, this one against UC San Diego at the Irvine Invitational (2/21) ... netted a pair in 12-11 sudden-death overtime win against USC in Irvine Invitational title game ... scored twice in 16-8 win over San Jose State (2/28) ... found the back of the cage twice in 13-6 MPSF Tournament quarterfinal win over San Diego State (4/24) ... scored four goals in National Collegiate Championship quarterfinal win over Marist (5/8).



**High School:** A 2008 graduate of Sacred Heart Prep in Atherton, Calif. ... competed for the swimming and water polo teams all four years ... captained the water polo team in 2007 ... led team to Central Coast Section Division II title as a senior ... helped team to at least a share of the West Catholic Athletic League title in all four of her seasons ... took home CCS Division II Water Polo Player of the Year honors in 2007 ... earned a spot on the NISCA All-America First Team ... named the *Palo Alto Daily News'* 2007 High School Female Water Polo Player of the Year ... named MVP of the 2007 CCS Division II Senior All-Star Team ... selected to the All-CIF CCS First Team from 2005-07 ... two-time All-WCAL First Team pick (2006-07) ... led team in scoring from 2005-07 ... earned All-America honors as part of the record-breaking 4x100-yard relay team as a senior ... has played for Stanford Water Polo Club from 2004 to the present ... helped team to bronze medal at the 2008 Nationals and 2007 Junior Olympics ... was part of 20/U squads that captured the title at Nationals in 2006 and 2007 ... named U.S. Club Championships MVP in 2007 ... USA Water Polo All-America selection from 2005-07 ... named to the All-America First Teams at the Junior Olympics and 20/U Nationals in 2007.

**Personal:** Born in Livingston, N.J. ... parents names are Satish and Pushpa ... has one older brother, Siddharth, who played water polo at UC San Diego from 2004-08 ... enjoys playing volleyball and photography ... majoring in human biology ... wants to pursue a career in research, but is undecided as to what field.

**Favorite Stanford Memory:** "While in Maryland for NCAAs last year, a handful of us decided to go on a spur-of-the-moment-midnight-tour of the monuments. We drove into D.C. -- narrowly escaping a few wrong turns -- and ran up the steps of the Lincoln Memorial to see the view of the Washington Monument and the Capital Building! It was an absolute blast and a fun way to end the tournament, and season!"

## Amber Oland



**GOALIE**  
Junior • 6-0  
Santa Ana, CA  
(Foothill)

**#1**

**Summer 2009:** Played for her club team back home SoCal in the 20 and under championships in Stockton, Calif. ... took fifth at the tournament ... also coached swimming for her childhood club team.

**As a Sophomore in 2009:** Started 22 games ... tied for seventh in MPSF among full-time goalies with 6.86 GAA ... seventh in MPSF with 6.82 saves per game ... named All-MPSF honorable mention ... allowed just one goal and made five saves in season-opening win at Santa Clara (1/29) ... made seven saves in 8-6 win over Hawai'i (2/6) ... stopped nine shots in 10-5 win over UCLA at Stanford Invitational (2/8) ... stopped a combined 12 shots in wins over Hawai'i and No. 1 USC in the final two games of the Irvine Invitational (2/22) ... made season-high 12 saves in 7-2 win at Arizona State (3/7) ... made 26 saves over three games on a four-game road trip from March 25-28 ... allowed just two goals in 7-2 win at Long Beach State (3/28) ... made eight saves in 9-8 win over UCLA at home (4/3) ... stopped 10 shots at California in 9-8 win (4/11) ... made 10 more saves in 11-10 sudden-death win over UCLA in MPSF Tournament semifinal (4/25) ... stopped five shots in third-place game win at the National Collegiate Championship (5/10).

**As A Freshman In 2008:** Started 29 games ... posted 5.28 GAA and made 8.24 saves per game ... earned spot on ACWPC All-America Third Team ... named MPSF Newcomer of the Year as well as MPSF honorable mention and to All-Freshman Team ... made 11 saves and allowed just three goals in collegiate debut against Santa Clara (2/3) ... stopped combined 25 shots in wins against California and Hawai'i at Stanford Invitational (2/10) ... made 10 saves as Stanford defeated No. 3 USC, 7-6, in overtime in Irvine Invitational semifinals (2/24) ... stopped 11 UCLA shots in Cardinal's 8-7 overtime loss in Irvine Invite title game (2/24) ... allowed just one goal against UCSB (3/7) ... made 11 saves in each road victory over Hawai'i (3/24) and USC (4/5) ... held California to five goals and stopped 13 shots in 6-5 win (4/11) ... was named to MPSF All-Tournament Team after making total of 27 saves over three games, including 13 against USC in 5-4 semifinal loss (4/26) ... made 25 total saves in three games of the National Collegiate Championship ... made eight saves and didn't allow a goal while she was in during Stanford's 12-1 opening-round victory over Marist (5/9).

**High School:** A 2007 graduate of Foothill High School in Santa Ana, Calif. ... competed for the swimming and water polo teams ... captained both teams as a senior ... earned CIF and All-Sea View League MVP honors as a senior ... named to All-CIF First Team as a sophomore and senior, and to the second team as a junior ... helped lead team to CIF titles in 2005 and '07 ... an All-American in swimming ... helped lead swim team to leagues titles as a freshman and senior ... set 100-yard backstroke record with a time of 0:57.9 ... holds school's single-season saves record in water polo ... competed at the Jr. World Championships in Porto, Portugal in 2007.

**Personal:** Born in Santa Ana, Calif. ... daughter of Rick and Vickie Oland ... has two brothers, Bryan and Kevin ... majoring in sociology and is interested in pursuing occupational therapy and going to school on the East Coast.

**Favorite Stanford Memory:** "My favorite memory was watching Emily Clopp dance along the side of the pool before the SJSU game. Everyone on the pool deck stopped what they were doing to watch her. Our whole team watched and cheered her on. It was by far the best warm-up of the year."

**Melissa Seidemann****2-METER OFFENSE**

Sophomore • 6-0  
Walnut Creek, CA  
(College Park)

**#2**

**Summer 2009:** Lived at home in the East Bay ... coached her swim team, the Larkey Sharks ... commuted to Stanford to play for Stanford Water Polo Club ... played on 20/U and senior teams that won national championships ... was named MVP of the 20/U tournament ... spent a week in Yosemite, hiking and camping with her family.

**As a Freshman in 2009:** Named to ACWPC All-America First Team ... led team with 59 goals ... the fourth true freshman since 1997 to lead team in goals ... named MPSF Newcomer of the Year as well as to All-MPSF First Team and All-Freshman Team ... named MPSF Player of the Week on Feb. 23 ... 10 of her 18 multi-goal games were hat tricks ... scored at least four goals in a game five times ... scored four goals against Indiana for season's first hat trick (2/7) ... netted 10 goals over four games at the Stanford Invitational from Feb. 7-8 ... scored seven times in a doubleheader sweep of Sonoma State and UC Santa Cruz ... earned MPSF Player of the Week honor after scoring 10 goals to lead Stanford to Irvine Invitational title ... netted four goals in 11-10 semifinal win over Hawai'i (2/22) ... scored three times, including the tournament-winner in sudden death, in final against USC (2/22) ... capped off a run of four consecutive hat tricks from Feb. 21-March 7 with five goals at Arizona State (3/7) ... netted four goals in 11-6 win at San Diego State (3/25) ... posted another hat trick in 14-7 win at UC Irvine (3/26) ... scored twice in 9-8 home win against UCLA (4/3) and in 11-6 loss at USC (4/18).



**High School:** A 2008 graduate of College Park High School in Pleasant Hill, Calif. ... competed for the water polo teams all four years and for three years on the swim team ... also played soccer as a prep ... captained the water polo team in 2007 and 2008 ... helped lead team to DFAL title as a senior ... was named a NISCA All-American as a senior and was named Team MVP in 2007 ... a member of the U.S. Youth National Team in 2006 which won the gold medal at the Pan-American Junior Games ... was the leading scorer in that tournament with 20 goals ... was a member of the youth national team that went undefeated in Sydney, Australia over the summer of 2007 ... also part of the team that competed in the 2008 Global Championships ... has competed for Devil Mountain Water Polo Club, Golden Bears, and Lamorinda on the club level over the past five years ... earned All-America honors at the U.S. Water Polo 20/U Nationals.

**Personal:** Born in Hoffman Estates, Ill. ... parents names are Mark and Bobbie ... has one older sister, Lauren, and a younger sister, Natalie ... Lauren is currently a center on the UC Davis women's water polo team ... hobbies include playing water polo, photography, and hanging out with friends ... major is psychology and hoping to minor in urban education.

**Favorite Stanford Memory:** "My team after we won the UCI Tourney [in 2009] we were all on such a natural high from beating USC in sudden death. And to score the winning goal felt amazing. After that game our team was all on the same page and in great position for the rest of the season. That win brought us together and bonded us for the year."

**Jessica Steffens****2-METER DEFENSE**

Senior • 6-0  
Danville, CA  
(Monte Vista)

**#17**

**Summer 2009:** Part of U.S. National Team that won World Championships in Rome, Italy ... traveled to Culebra, Puerto Rico to do research on coral and sedimentation.

**As A Junior in 2009:** 2008 Olympian scored 12 goals ... was named to ACWPC All-America First Team as well as to the All-MPSF First Team ... earned place on All-National Collegiate First Team ... an ACWPC Academic All-American and MPSF All-Academic pick ... helped anchor the Cardinal defense at the two-meter position ... had one multi-goal game ... scored first goal of the season in 15-14 win over Arizona State at Stanford Invitational (2/8) ... posted two goals in third-place game victory over UCLA at the Stanford Invitational (2/8) ... netted a goal in 11-10 semifinal win over Hawai'i at the Irvine Invitational (2/22) ... scored in consecutive wins at Arizona State (3/7) and UC Davis (3/8) ... scored in 9-8 victory over UCLA (4/3) ... netted goals against UCLA (5/9) and Hawai'i (5/10) at the National Collegiate Championship.

**Summer 2008:** Won the silver medal as a member of the U.S. Olympic Women's Water Polo Team at the Beijing Games ... was the lone American representative on the women's Olympic All-Star Team after scoring five goals and making three field blocks in five Olympic contests.

**As A Junior in 2008:** Redshirted the season ... lived in Seal Beach training with the USA National Team in preparation for the 2008 Olympics.

**Summer 2007:** Played with the USA Senior National team winning both the World League Super Final in Montreal and Pan-American Games in Rio de Janeiro, Brazil -gaining the olympic qualifier berth ... Played with the USA Jr. National Team at Junior World Championships in Porto, Portugal, where team finished fourth ... vacationed with family in Puerto Rico.

**As a Sophomore in 2007:** Earned All-MPSF honorable mentions recognition ... named to AWPCA and MPSF All-Academic teams ... scored 36 goals to help lead Cardinal to national runner-up finish and 27-3 record ... netted first goal of the year in 15-8 win over San Jose State (2/3) ... added a pair of goals in 16-7 win over Arizona State (2/4) ... posted a hat trick in 23-5 victory over Pacific (2/10) ... got her second hat trick during 14-8 win over San Diego State (3/2) ... scored twice in 13-3 rout of UC San Diego (3/3) ... added two goals in 18-2 win over Santa Clara and 19-5 win against Maryland (3/25) ... scored twice in 17-5 opening-round win of MPSF Tournament against UC Irvine (4/27) ... scored twice in NCAA Tournament semifinal win over San Diego State (5/12).

**Summer 2006:** Played with the National Team ... went to Canada with teammates Katie Hansen, Christina Hewko, and Lauren Silver ... went to Hungary and Italy where the team won World League ... traveled to China as an alternate for the FINA World Cup.



# PLAYER PROFILES

2010 STANFORD WOMEN'S WATER POLO



**As a Freshman in 2006:** Contributed 15 goals to the Cardinal scoring effort during her rookie season on The Farm ... helped the team to its fourth MPSF Championship and a third-place finish at the NCAA Championships ... scored in 11 games ... netted a pair of goals in her first collegiate outing against Pacific (2/4) ... also scored a pair of goals against San Jose State (2/12), Long Beach State (3/5) and Hawai'i (5/14) ... two goals against Hawaii came in the third place match at the NCAA Championships.

**High School:** Four-year letterwinner in water polo, double letterwinner in swimming ... First-Team North Coast Section and Third-team All-American as a junior ... MVP of the North Coast Section and Second-Team All-American as a senior ... led team to the NCS title during junior and senior seasons ... captain of both the water polo and swimming teams as a senior ... named to the 2005 Junior National Team.

**Personal:** Born in San Francisco, Calif. ... daughter of Carlos and Peggy Steffens ... Father, Carlos, played water polo at Cal ... has two sisters, Maggie and Teresa, and a brother, Charlie ... Teresa and Charlie currently play water polo at California.



**Favorite Stanford Memory:** "The day I actually realized that I was at Stanford and not living in some dream was when we got all the Nike stuff last year. Kira, Lolo and I sprinted back to Donner after practice to model every possible outfit, some of which were not too flattering. I just remember finally being able to put on a Stanford fleece and realizing how fortunate I was to be here. We just kept working the camera for our first NIKE GEAR/STANFORD Photo Shoot!"

## John Tanner's All-Time Record vs. Opponents (1998-2009)

MPSF Opponent	Record	Pct.	Non-Conference Opponent	Record	Pct.
Arizona State	9-0	1.000	Brown	2-0	1.000
California	30-8	.790	CS Bakersfield	2-0	1.000
Cal State Northridge*	5-0	1.000	CS Monterey Bay	1-0	1.000
Hawaii	25-0	1.000	Claremont-Mudd-Scripps	1-0	1.000
Long Beach State*	16-2	.889	Hartwick	2-0	1.000
Pacific*	16-0	1.000	Harvard	2-0	1.000
San Diego State	19-0	1.000	Indiana	6-0	1.000
San Jose State	26-0	1.000	Long Beach State*	1-0	1.000
UC Irvine*	10-0	1.000	Loyola Marymount	2-1	.667
UCLA	27-19	.587	Marist	3-0	1.000
UC Santa Barbara*	18-0	1.000	Maryland	1-0	1.000
USC	15-22	.405	Michigan	10-0	1.000
<b>Overall Conference Opponent Record:</b>	<b>216-51 (.809)</b>		Occidental	1-0	1.000
* - Left MPSF following 2008 season			Pomona-Pitzer	2-0	1.000
			Princeton	3-0	1.000
			Santa Clara	3-0	1.000
			Slippery Rock	1-0	1.000
			Sonoma State	1-0	1.000
			UC Davis	20-0	1.000
			UC Irvine*	1-0	1.000
			UC San Diego	10-0	1.000
			UC Santa Cruz	3-0	1.000
			UMass	1-0	1.000
			Wagner	1-0	1.000
			<b>Overall Non-Conference Opp. Record:</b>	<b>81-1 (.988)</b>	
			* - Since 2009		
			<b>Total</b>	<b>296-52</b>	<b>(.850)</b>





# SCHOLARSHIPS & THE COMMUNITY

2010 STANFORD WOMEN'S WATER POLO

## Women's Water Polo Boasts Athletic and Academic Success



Scotti Shafer, Meridith McColl, Heather West and Kelly Eaton each won CIF Female Scholar Athlete of the Year honors.

The Stanford women's water polo team is not only one of the nation's most dominant teams in the pool, but also includes a group of top academic performers. Notably, a future Stanford women's water polo player won the California Intercollegiate Federation Scholar-Athlete of the Year award four times in the five-year span of 2002-06. Last season, the Cardinal squad included all four winners as players or staff.

The award, established in 1982, recognizes one female and one male student-athlete each year for excellence in the classroom, in athletics and strong contributions to the community. The students are honored at the State Capital and on the Senate and Assembly Floors in Sacramento and receive a \$2,000 scholarship to the school of their choice. Nominations for the prestigious award were received from the 1,393 high schools that make up the CIF membership.

Former Stanford standouts Scotti Shafer ('06) and Meridith McColl ('07) were selected in 2002 and 2003, respectively, while current Cardinal stars Heather West (2005 honoree) and Kelly Eaton (2006) also claimed the award.

Since 1998, the Stanford program has earned 76 AWPCA All-Academic honors and 71 MPSF All-Academic honors, while finishing in the top-three at the NCAA Championships all 11 seasons.

### Giving Back to the Community

Stanford women's water polo players excel not only in the pool and in the classroom, but are also active members of the community. In 1999, the team decided it wanted to give back to the local community and has since been committed to a tutoring and mentoring program at the East Palo Alto Charter School. The team wanted to participate in something on-going, committing to more than just a one-time event. Each player and coach on the squad tutors at EPA Charter on a weekly basis. Players come once each week for at least an hour and work with one or two students on a focused academic skill. While the Cardinal athletes have helped to drastically improve the reading and math abilities of many students, they often serve even more important roles as female role models and friends. The students have close relationships with the players, and often come as fans to cheer on the Cardinal. Over 30 students have showed up to loudly support their favorite athletes. The players and coaches also donate dozens of holiday gifts to students, adopting three to four families each year.



Lauren Silver works with students at the East Palo Alto Charter School. Students often come to cheer on the Cardinal at matches.



## Stanford Scholarship Funding

In June of 1934, the "Tiny Buck of the Month Club" was formed to raise the necessary funds from Stanford alumni and friends to pay the tuition costs for capable, worthy and needy student-athletes. As the Club's name implied, membership dues were one dollar per month and the word "tiny" was added to emphasize the modest amount and to honor head football coach, Claude "Tiny" Thornhill. The Club later shortened its name to the "Stanford Buck Club" and revised its initial membership dues requirement.

Until the mid-1970s, there were no athletic scholarships for women, nor was there any fundraising organization devoted to this purpose. To accomplish the task of raising scholarship funds for women, the Cardinal Club was formed in 1977-78.

Under the guidance of the Buck and Cardinal Club leadership, a merged Buck/Cardinal Club was formed in 1987 to raise funds for both men's and women's athletic scholarships. The new volunteer organization was built on the fine Buck and Cardinal Club traditions that served both organizations well.

In 2007, the Stanford Athletic Department provided full operating budgets to all 35 varsity sports. These budgets include all of the components necessary for our programs to compete at the Division I level. Because of this, none of our varsity sports will be required to fundraise for their basic operating budgets effective fiscal year 2008 (September 1, 2007).

These new budgets will be funded in large part by a more robust Buck/Cardinal Club, enabling our head coaches and their staffs to focus their time and energy on coaching and recruiting instead of fundraising for basic operating budgets. Our donors will receive Buck/Cardinal Club benefits commensurate with their generosity.

Under the new Stanford Athletics annual giving program, the Buck/Cardinal Club will not only include its great scholarship tradition, but also assist the department's coaches and staff in providing the resources needed to compete at the highest level of NCAA Division I athletics.

Instead of receiving solicitations from individual sports, donors and friends of Stanford Athletics will now receive a single solicitation from the Buck/Cardinal Club. By giving a gift to the Buck/Cardinal Club, the donor is giving both their favorite sport, and all of Stanford's varsity sports, the budget resources they need. Donors will also have the opportunity to let us know which sports are their favorites at the time of the donation, and sports will keep in touch with donors who specify interest in that specific program.

For more information on the Buck/Cardinal Club and giving to Stanford Athletics, please call (650) 724-9081 or visit [gostanford.com/giving](http://gostanford.com/giving).



### Stanford Scholarship Funding

The following endowed athletic scholarships, named for the donor or for someone the donor wishes to honor, provide full or partial grants-in-aid to members of the 2009 women's water polo team:

- The Walter L. Brandt Scholarship**
- The Evelyn Lloyd Dees Scholarship**
- The Arthur J. and Patricia R. Kates Scholarship**
- The Ted Leland Family Scholarship**
- The Lions Club Concours d'Elegance Scholarship**
- The Bruce and Adrienne Mitchell Athletic Scholarship**
- The Dellmar and Nina Pebley Water Polo Scholarship**
- The Forrest N. and Patricia K. Shumway Scholarship**

# 2009 RESULTS

2010 STANFORD WOMEN'S WATER POLO



Kelly Eaton was third on the Cardinal in scoring during the 2009 season.

## 2009 Results

Overall Record: 26-4, MPSF: 6-1

Date	Opponent	Result	Stanford Goals
Jan. 29	Santa Clara	W, 17-3	Koran 4, Eaton 3, Hillman 2, Krueger 2, Lo 2, Blyleven, Churnside, Clopp, Seidemann
Feb. 6	Hawai'i*	W, 8-6	Eaton 3, Blyleven, Churnside, Hillman, Menon, West
<b>Stanford Invitational (Stanford, Calif.)</b>			
Feb. 7	Indiana	W, 11-2	Seidemann 4, Blyleven, Eaton, Holshouser, Krueger, Lo, Menon, West
Feb. 7	USC	L, 12-10 (OT)	Eaton 2, Menon 2, Seidemann 2, Blyleven, Hillman, Koran, West
Feb. 8	Arizona State	W, 15-14	Churnside 3, Blyleven 2, Krueger 2, Seidemann 2, Eaton, Hillman, Holshouser, Koran, Steffens, West
Feb. 8	UCLA	W, 10-5	Eaton 3, Seidemann 2, Steffens 2, Blyleven, Hillman, Krueger
Feb. 14	Sonoma State	W, 16-2	Blyleven 4, Seidemann 4, Eaton 3, Churnside, Gerrity, Holshouser, Lo, Krueger, Menon, Smith-Carmichael, Steffens
	UC Santa Cruz	W, 10-5	Churnside 3, Menon 3, Seidemann 3, Bury 2, Krueger 2, Smith-Carmichael 2, Coughlan, Gunderson, Holshouser, Lo

### Irvine Tournament (Irvine, Calif.)

Feb. 21	vs. UC San Diego	W, 16-6	Lo 3, Menon 3, Silver 3, Hillman 2, Blyleven, Eaton, Koran, Steffens, West
Feb. 21	vs. San Jose State	W, 13-7	Blyleven 3, Seidemann 3, Silver 2, Eaton, Lo, Hillman, Koran, Menon
Feb. 22	vs. Hawai'i	W, 11-10 (OT)	Seidemann 4, Silver 2, Eaton 2, Krueger 2, Steffens
Feb. 22	vs. USC	W, 12-11 (2OT)	Seidemann 3, Menon 2, West 2, Blyleven, Coughlan, Eaton, Krueger, Silver
Feb. 28	San Jose State*	W, 16-8	Eaton 3, Koran 3, Seidemann 3, Hillman 2, Menon 2, Blyleven, Silver, West
Mar. 7	at Arizona State*	W, 13-6	Seidemann 5, Koran 3, Blyleven, Eaton, Hillman, Lo, Steffens
Mar. 8	at UC Davis	W, 12-5	Eaton 2, Koran 2, Lo 2, Holshouser, Krueger, Seidemann, Silver, Steffens
	vs. CS Bakersfield	W, 18-3	Clopp 3, Eaton 2, Lo 2, Seidemann 2, Silver 2, Blyleven, Bury, Gerrity, Gunderson, Hillman, Koran, Menon
Mar. 21	Harvard	W, 20-2	Silver 3, Blyleven 2, Holshouser 2, Lo 2, West 2, Smith-Carmichael 2, Churnside, Coughlan, Eaton, Hillman, Koran, Menon, Seidemann
Mar. 24	at UC San Diego	W, 11-5	Eaton 2, Silver 2, Blyleven, Hillman, Holshouser, Koran, Krueger, Menon, Seidemann
Mar. 25	at San Diego State*	W, 11-6	Seidemann 4, Silver 3, Blyleven, Hillman, Holshouser, Koran
Mar. 26	at UC Irvine	W, 14-7	Silver 4, Hillman 3, Seidemann 3, Eaton, Holshouser, Koran, Smith-Carmichael
Mar. 28	at Long Beach St.	W, 7-2	Seidemann 2, Eaton, Krueger, Lo, Menon, Silver
Apr. 3	UCLA*	W, 9-8	Hillman 2, Seidemann 2, Silver 2, Eaton, Krueger, Steffens
Apr. 11	at California*	W, 9-8	Hillman 3, Silver 3, Blyleven, Krueger, Seidemann
Apr. 18	at USC*	L, 11-6	Seidemann 2, Eaton, Koran, Silver, Steffens

### MPSF Tournament (San Diego, Calif.)

Apr. 25	vs. San Diego State	W, 13-6	Koran 4, Lo 2, Menon 2, Silver 2, Eaton, Krueger, Seidemann
Apr. 26	vs. UCLA	W, 11-10 (OT)	Silver 3, Koran 2, Seidemann 2, Blyleven, Hillman, Holshouser, West
Apr. 27	vs. USC	L, 6-5	Eaton 2, Hillman 2, Silver

### National Collegiate Championship (College Park, Md.)

May 9	Marist	W, 21-5	Menon 4, Churnside 3, Hillman 3, Silver 3, Blyleven 2, Eaton 2, Holshouser 2, Krueger, Seidemann
May 10	UCLA	L, 12-11	Silver 4, Eaton 3, Hillman, Krueger, Menon, Steffens
May 11	Hawai'i	W, 14-11	Silver 8, Eaton, Hillman, Holshouser, Koran, Krueger, Steffens

\*MPSF Game

## 2009 Season Statistics

### Scoring

Melissa Seidemann	59
Lauren Silver	52
Kelly Eaton	45
Kira Hillman	33
Alex Koran	29
Koree Blyleven	27
Pallavi Menon	27
Kim Krueger	21
Alyssa Lo	19
Kelsey Holshouser	14
Cassie Churnside	13
Jessica Steffens	12
Heather West	11
Chelsea Smith-Carmichael	6
Emily Clopp	4
Mimi Bury	3
Monica Coughlan	3
Allie Gerrity	2
Jenna Gunderson	2
<b>Stanford</b>	<b>382</b>
<b>Opponents</b>	<b>208</b>

Goalkeeper	Gm	Saves	Svs/Gm	GA	GA/Gm
Amber Oland	22	155	7.05	151	6.86
Kim Hall	15	70	4.67	57	3.30
<b>Stanford</b>	<b>30</b>	<b>225</b>	<b>7.50</b>	<b>208</b>	<b>6.93</b>

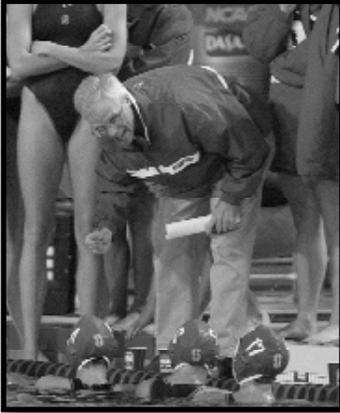
### Quarter-by-Quarter Scoring

Period	1	2	3	4	ot1	ot2	ot3	Total
Stanford	99	100	98	81	1	2	1	382
Opponents	42	47	50	43	2	2	0	208



All-American Lauren Silver





Stanford coach John Tanner has led the Cardinal to an NCAA championship title in 2002, and four second place finishes since taking the helm of Stanford women's water polo in 1998.

### Stanford Water Polo Year-by-Year

Coach	Yr.	Record	NCAA Finish
Ben Quittner	1996	31-9	5th
Ben Quittner	1997	33-10	4th
John Tanner	1998	29-6	3rd
John Tanner	1999	25-6	2nd
John Tanner	2000	28-5	3rd
John Tanner	2001	27-1	2nd
John Tanner	2002	23-2	1st
John Tanner	2003	21-3	2nd
John Tanner	2004	19-5	3rd
John Tanner	2005	21-7	2nd
John Tanner	2006	24-5	3rd
John Tanner	2007	27-3	2nd
John Tanner	2008	27-5	3rd
John Tanner	2009	26-4	3rd

**Overall Record 361-71 (.833)**

### MPSF Champions

2000, 2001, 2003, 2006



Kate Pettit was a three-time MPSF and four-time AWPCA All-Academic selection. She was named a 2002 NCAA post-graduate scholarship winner and recently graduated from Stanford Medical School.

### All-Americans

- 2009**  
 Lauren Silver (First Team)  
 Jessica Steffans (First Team)  
 Melissa Seidemann (Third Team)  
 Kelly Eaton (Honorable Mention)
- 2008**  
 Lauren Silver (First Team)  
 Jacquelyn Gauthier (Second Team)  
 Amber Oland (Third Team)  
 Kelly Eaton (Honorable Mention)
- 2007**  
 Katie Hansen (First Team)  
 Christina Hewko (First Team)  
 Alison Gregorka (Second Team)  
 Meredith McColl (Second Team)  
 Lauren Silver (Third Team)
- 2006**  
 Katie Hansen (First Team)  
 Christina Hewko (Second Team)  
 Scotti Shafer (Second Team)  
 Meredith McColl (Second Team)  
 Lauren Silver (Honorable Mention)
- 2005**  
 Christina Hewko (First Team)  
 Katie Hansen (Second Team)  
 Meredith McColl (Second Team)  
 Hannah Luber (Second Team)
- 2004**  
 Wendy Watkins (First Team)  
 Hannah Luber (Second Team)  
 Christina Hewko (Honorable Mention)
- 2003**  
 Jackie Frank (First Team, Player of the Year)  
 Julie Gardner (First Team)  
 Brenda Villa (First Team)  
 Wendy Watkins (Third Team)
- 2002**  
 Jackie Frank (First Team, Player of the Year)  
 Ellen Estes (First Team)  
 Brenda Villa (First Team)  
 Margie Dingeldein (Third Team)  
 Kate Pettit (Honorable Mention)
- 2001**  
 Brenda Villa (First Team, Player of the Year)  
 Jackie Frank (First Team)  
 Ellen Estes (Second Team)  
 Margie Dingeldein (Second Team)  
 Anne-Marie Keenan (Honorable Mention)  
 Julie Gardner (Honorable Mention)
- 2000**  
 Margie Dingeldein (First Team)  
 Jackie Frank (Second Team)  
 Kris Koblik (Third Team)  
 Julie Gardner (Third Team)  
 Kelly Shouey (Honorable Mention)  
 Anne-Marie Keenan (Honorable Mention)
- 1999**  
 Margie Dingeldein (First Team)  
 Kelly Shouey (First Team)  
 Kris Koblik (Second Team)  
 Heather Crary (Second Team)  
 Anne-Marie Keenan (Honorable Mention)
- 1998**  
 Ellen Estes (First Team)  
 Suze Gardner (First Team)  
 Heather Crary (Third Team)  
 Kris Koblik (Honorable Mention)
- 1997**  
 Suze Gardner (First Team)  
 Ellen Estes (Second Team)  
 Alice Cathcart (Honorable Mention)  
 Heather Crary (Honorable Mention)



The Stanford women's water polo team won the NCAA title in 2002.

- 1996**  
 Lindsay Welsh (Second Team)  
 Heather Crary (Third Team)  
 Lindsay Tam (Honorable Mention)

### NCAA All-Tournament Team

- 2009**  
 Lauren Silver (First Team)  
 Jessica Steffans (First Team)  
 Kelly Eaton (Second Team)
- 2008**  
 Jacquelyn Gauthier (First Team)  
 Lauren Silver (Second Team)  
 Heather West (Second Team)
- 2007**  
 Katie Hansen (First Team)  
 Christina Hewko (First Team)  
 Alison Gregorka (Second Team)  
 Meredith McColl (Second Team)
- 2006**  
 Scotti Shafer (First Team)  
 Lauren Silver (Second Team)  
 Christina Hewko (Second Team)
- 2005**  
 Hannah Luber (First Team)  
 Christina Hewko (Second Team)  
 Meredith McColl (Honorable Mention)
- 2004**  
 Lauren Faust (Second Team)  
 Hannah Luber (Second Team)  
 Wendy Watkins (Second Team)
- 2003**  
 Jackie Frank (First Team)  
 Julie Gardner (First Team)  
 Hannah Luber (First Team)  
 Brenda Villa (First Team)
- 2002**  
 Jackie Frank (First Team, MVP)  
 Ellen Estes (First Team)  
 Brenda Villa (First Team)  
 Margie Dingeldein (Second Team)  
 Julie Gardner (Second Team)  
 Wendy Watkins (Second Team)
- Collegiate Nationals All-Tournament Team**  
 Unavailable after 1999
- 1999**  
 Margie Dingeldein (First Team)  
 Kelly Shouey (First Team)  
 Heather Crary (Second Team)  
 Kris Koblik (Second Team)
- 1998**  
 Ellen Estes (First Team)  
 Suze Gardner (First Team)  
 Heather Crary (Honorable Mention)

- 1997**  
 Ellen Estes (First Team)  
 Suze Gardner (First Team)  
 Heather Crary (Honorable Mention)

- 1996**  
 Lindsay Welsh (Second Team)  
 Heather Crary (Honorable Mention)

### MPSF All-Conference

- 2009**  
 Lauren Silver (First Team)  
 Melissa Seidemann (Second Team, All-Freshman Team, Newcomer of the Year)  
 Kelly Eaton (Honorable Mention)  
 Amber Oland (Honorable Mention)
- 2008**  
 Lauren Silver (First Team)  
 Amber Oland (Honorable Mention, All-Freshman Team, Newcomer of the Year)  
 Jacquelyn Gauthier (Honorable Mention)  
 Allie Gerrity (All-Freshman Team)  
 Kim Krueger (All-Freshman Team)
- 2007**  
 Katie Hansen (First Team)  
 Christina Hewko (First Team)  
 Meredith McColl (First Team)  
 Alison Gregorka (Second Team)  
 Lauren Silver (Honorable Mention)  
 Jessica Steffans (Honorable Mention)  
 Kelly Eaton (All-Freshman Team)  
 Kelly Donahue (All-Freshman Team)
- 2006**  
 Katie Hansen (First Team)  
 Meredith McColl (First Team)  
 Christina Hewko (Second Team)  
 Scotti Shafer (Honorable Mention)  
 Lauren Silver (Honorable Mention, Top Newcomer, All-Freshman Team)
- 2005**  
 Christina Hewko (First Team)  
 Katie Hansen (Second Team)  
 Meredith McColl (Second Team)
- 2004**  
 Wendy Watkins (First Team)  
 Hannah Luber (Second Team)  
 Meredith McColl (Honorable Mention, All-Freshman Team)  
 Christina Hewko (All-Freshman Team)  
 Katie Hansen (All-Freshman Team)
- 2003**  
 Brenda Villa (Player of the Year)  
 Jackie Frank (Goalie of the Year)  
 Julie Gardner (First Team)  
 Wendy Watkins (Second Team)

# HONORS AND HISTORY

2010 STANFORD WOMEN'S WATER POLO



## 2002

Jackie Frank (*First Team, Goalie of the Year*)  
Brenda Villa (*First Team*)  
Ellen Estes (*First Team*)  
Margie Dingeldein (*Second Team*)

## 2001

Brenda Villa (*First Team, Co-Player of the Year*)  
Jackie Frank (*First Team*)  
Ellen Estes (*First Team*)  
Margie Dingeldein (*Honorable Mention*)  
Julie Gardner (*Honorable Mention*)  
Anne-Marie Keenan (*Honorable Mention*)

## 2000

Margie Dingeldein (*First Team*)  
Julie Gardner (*Second Team*)  
Jackie Frank (*Second Team*)  
Kris Koblik (*Second Team*)

## 1999

Margie Dingeldein (*First Team*)  
Heather Crary (*Second Team*)  
Nicole Glazer (*Honorable Mention*)  
Anne-Marie Keenan (*Honorable Mention*)  
Kris Koblik (*Honorable Mention*)  
Kelly Shouey (*Honorable Mention*)

## 1998

Ellen Estes (*First Team, Player of the Year*)  
Suze Gardner (*First Team*)  
Kris Koblik (*Second Team*)  
Heather Crary (*Third Team*)

## 1997

Ellen Estes (*First Team*)  
Lindsay Welsh (*First Team*)  
Alice Cathcart (*Second Team*)  
Suze Gardner (*Second Team*)  
Heather Crary (*Second Team*)

## 1996

Heather Crary (*First Team, Goalie of the Year*)  
Lindsay Welsh (*First Team*)  
Alice Cathcart (*Second Team*)  
Lindsay Tam (*Second Team*)  
Olivia White (*Second Team*)

## MPSF All-Tournament Team

### 2009

Lauren Silver

### 2008

Amber Oland  
Lauren Silver

### 2007

Katie Hansen  
Christina Hewko

### 2006

Katie Hansen  
Meridith McColl

### 2005

Christina Hewko  
Meridith McColl

## 2004

Wendy Watkins (*First Team*)

## 2003

Jackie Frank (*MVP*)  
Brenda Villa  
Julie Gardner

## 2002

Brenda Villa (*First Team*)  
Jackie Frank (*First Team*)  
Margie Dingeldein (*Second Team*)  
Ellen Estes (*Second Team*)

## AWPCA All-Academic Team 2009

Koree Blyleven  
Mimi Bury  
Monica Coughlan  
Kelly Eaton  
Kim Hall  
Kira Hillman  
Kim Krueger  
Alyssa Lo  
Melissa Seidemann  
Jessica Steffens  
Heather West

## 2008

Koree Blyleven  
Jacquelyn Gauthier  
Jenna Gunderson  
Kim Hall  
Kira Hillman  
Kim Krueger  
Megan May  
Chelsea Smith-Carmichael  
Heather West

## 2007

Koree Blyleven  
Kelly Donahue  
Jackie Gauthier  
Alison Gregorka  
Kate Heddleston  
Kira Hillman  
Meridith McColl  
Megan Nesland  
Jessica Steffens  
Heather West

## 2006

Nancy El-Sakkary  
Jacquelyn Gauthier  
Alison Gregorka  
Katie Hansen  
Megan May  
Meridith McColl  
Scotti Shafer

## 2005

Nancy El-Sakkary  
Alison Gregorka  
Hannah Lubber  
Kelty Lubber  
Megan May  
Meridith McColl  
Val Riss  
Scotti Shafer

## 2004

Nancy El-Sakkary  
Lauren Faust  
Katie Hansen  
Hannah Lubber  
Kelty Lubber  
Val Riss  
Scotti Shafer

## 2003

Elizabeth Dersé  
Lauren Faust  
Jackie Frank  
Scotti Shafer  
Erica Wilson

## 2002

Margie Dingeldein  
Lauren Faust  
Jackie Frank  
Kate Pettit  
Heather Stamper

## 2001

Margie Dingeldein  
Lauren Faust  
Jackie Frank  
Ali Henry  
Anne-Marie Keenan  
Kris Koblik  
Kate Pettit  
Ali Riddell

## 2000

Margie Dingeldein  
Anne-Marie Keenan  
Kris Koblik  
Kate Pettit  
Ali Riddell

## 1999

Heather Crary  
Margie Dingeldein  
Nicole Glazer  
Anne-Marie Keenan  
Kris Koblik  
Kate Pettit  
Ali Riddell  
Lindsay Tam

## 1998

Heather Crary  
Kris Koblik  
Lindsay Tam  
Lindsay Welsh

## MPSF Academic All-Conference 2009

Koree Blyleven  
Kelly Eaton  
Allie Gerrity  
Kim Hall  
Kira Hillman  
Kelsey Holshouser  
Alex Koran  
Kim Krueger  
Jessica Steffens  
Heather West

## 2008

Koree Blyleven  
Kelly Eaton  
Jacquelyn Gauthier  
Kira Hillman  
Kelsey Holshouser  
Megan May  
Heather West

## 2007

Jackie Gauthier  
Alison Gregorka  
Katie Hansen  
Christina Hewko  
Kira Hillman  
Meridith McColl  
Jessica Steffens  
Heather West

## 2006

Nancy El-Sakkary  
Jacquelyn Gauthier  
Alison Gregorka  
Katie Hansen  
Megan May  
Meridith McColl  
Scotti Shafer

## 2005

Nancy El-Sakkary  
Alison Gregorka  
Hannah Lubber  
Kelty Lubber  
Meridith McColl  
Julia McKinney  
Val Riss  
Scotti Shafer

## 2004

Lauren Faust  
Hannah Lubber  
Kelty Lubber  
Amanda Matuk  
Val Riss  
Scotti Shafer  
Wendy Watkins

## 2003

Lauren Faust  
Jackie Frank  
Kelty Lubber  
Heather Stamper

## 2002

Margie Dingeldein  
Ellen Estes  
Lauren Faust  
Jackie Frank  
Kate Pettit

## 2001

Margie Dingeldein  
Jackie Frank  
Hillary Gallogly  
Ali Henry  
Anne-Marie Keenan  
Kris Koblik  
Kate Pettit  
Ali Riddell  
Kelly Shouey

## 2000

Margie Dingeldein  
Ali Henry  
Anne-Marie Keenan  
Kris Koblik  
Kate Pettit  
Ali Riddell

## 1999

Heather Crary  
Nicole Glazer  
Anne-Marie Keenan  
Kris Koblik  
Ali Riddell  
Lindsay Tam

## 1998

Heather Crary  
Nicole Glazer  
Elissa Keszler  
Lindsay Tam  
Lindsay Welsh

## Pac-10 Conference Medal Winner

A conference medal is awarded annually to each member institution's outstanding senior male and female student-athlete based on exhibition of the greatest combination of performance and achievement in scholarship, athletics and leadership.  
2003 – Jackie Frank

## NCAA Post-Graduate Scholarship Winner

2006 – Scotti Shafer  
2002 – Kate Pettit

## Pac-10 Post-Graduate Scholarship Winner

2002 – Ellen Estes

## Peter J. Cutino Award

Presented annually by the Olympic Club to the country's top female collegiate water polo player.

2008 – Lauren Silver (*Finalist*)  
2007 – Katie Hansen (*Finalist*)  
2006 – Meridith McColl (*Finalist*)  
2004 – Wendy Watkins (*Finalist*)  
2003 – Jackie Frank (*Winner*)  
Brenda Villa (*Finalist*)  
2002 – Brenda Villa (*Winner*)  
1999 – Heather Crary (*Finalist*)

## Stanford Athletic Board Awards

### The AI Masters Award

Department's highest honor for attaining the highest standards of athletic performance, leadership and academic achievement.

2003 – Jackie Frank  
2002 – Ellen Estes

### The Donald Kennedy Award

Presented to the Stanford Senior Athlete who best exhibits the combination of excellent academics, strong athletic ability and a commitment to community service.

2006 – Scotti Shafer  
2002 – Kate Pettit  
1999 – Lindsay Tam

### The Block 'S' Outstanding Female Junior Award

Presented to the most outstanding female junior.

2003 – Brenda Villa  
2002 – Jackie Frank

### The Block 'S' Outstanding Female Sophomore Award

Presented to the most outstanding female sophomore.

2005 – Meridith McColl  
2002 – Brenda Villa  
2001 – Jackie Frank  
2000 – Margie Dingeldein

### The Block 'S' Outstanding Female Freshman Award

Presented to the most outstanding female freshman.

2009 – Melissa Seidemann  
2006 – Lauren Silver

### Conference Female Athlete of the Year Award

2001 – Brenda Villa

### The Pam Strathairn Award

2007 – Christina Hewko  
2001 – Kris Koblik

### The Thomas W. Ford Award

Presented to the team whose student-athletes have demonstrated special commitment to participation in local community outreach programs.

2008 – Women's Water Polo Team  
2005 – Women's Water Polo Team  
2001 – Women's Water Polo Team



# STANFORD ON THE NATIONAL TEAM

2010 STANFORD WOMEN'S WATER POLO

## Senior National Team



2008 Olympians Brenda Villa, Alison Gregorka and Jessica Steffens returned to Avery Aquatic Center when the U.S. took on Australia in July 2008

### Olympic Games

#### 2008 (Silver)

Brenda Villa ('03) – Captain  
Alison Gregorka ('07)  
Jessica Steffens ('10)

#### 2004 (Bronze)

Margie Dingeldein ('02)  
Ellen Estes ('02)  
Jackie Frank ('03)  
Brenda Villa ('03)

#### 2000 (Silver)

Ellen Estes ('02)  
Brenda Villa ('03)

### FINA World Championships

#### 2007 (World Champions)

Alison Gregorka ('07)  
Brenda Villa ('03)

#### 2005

Brenda Villa ('03)

#### 2003 (World Champions)

Margie Dingeldein ('02)  
Ellen Estes ('02)  
Jackie Frank ('03)  
Brenda Villa ('03)

#### 2001

Margie Dingeldein ('02)  
Brenda Villa ('03)

#### 1998

Jackie Frank ('03)  
Brenda Villa ('03)

### FINA World Cup

#### 2006

Alison Gregorka ('07)  
Jessica Steffens, Alternate ('10)

#### 2002

Margie Dingeldein ('02)  
Ellen Estes ('02)  
Jackie Frank ('03)  
Brenda Villa ('03)

#### 1999

Ellen Estes ('02)  
Jackie Frank ('03)  
Brenda Villa ('03)

#### 1998

Jackie Frank ('03)  
Brenda Villa ('03)

### Pan-American Championships

#### 2007 (Champions)

Alison Gregorka ('07)  
Jessica Steffens ('10)  
Brenda Villa ('03)

#### 2003 (Champions)

Margie Dingeldein ('02)  
Ellen Estes ('02)  
Jackie Frank ('03)  
Brenda Villa ('03)

#### 1999

Ellen Estes ('02)  
Brenda Villa ('03)

### Current National Team Training Squad

Jessica Steffens ('10)  
Alison Gregorka ('07)  
Lauren Silver ('09)  
Brenda Villa ('03)

### Former Senior National Team Members

Margie Dingeldein ('02)  
Ellen Estes ('02)  
Suze Gardner ('00)  
Katie Hansen ('07)  
Christine Hewko ('07)  
Anne-Marie Keenan ('01)  
Kate Pettit ('02)  
Jackie Frank ('03)

### Former Senior National 'B' Team Members

Alice Cathcart ('97)  
Heather Crary ('99)  
Suze Gardner ('00)  
Anne-Marie Keenan ('01)  
Kelly Shouey ('01)  
Lauren Silver ('09)



Current National Team Training Squad member Lauren Silver



Stanford women's water polo has always been well-represented at the Speedo Top 40 in the fall

# STANFORD ON THE NATIONAL TEAM

2010 STANFORD WOMEN'S WATER POLO



## Junior National Team



Kim Krueger competed in the 2007 Junior FINA World Championships and captured the 2006 Junior Pan-American Games.

### Junior FINA World Championships

#### 2007

Kim Krueger ('11)  
Amber Oland ('11)  
Lauren Silver ('09)  
Jessica Steffens ('10)

#### 2005 (Champions)

Alison Gregorka ('07)  
Katie Hansen ('07)  
Christine Hewko ('07)  
Meridith McColl ('07)

#### 2003

Laurel Champion ('06)  
Alison Gregorka ('07)  
Meridith McColl ('07)  
Scotti Shafer ('06)

#### 2001

Julie Gardner ('03)

#### 1999

Margie Dingeldein ('02)  
Jackie Frank ('03)  
Kris Koblik ('01)  
Brenda Villa ('03)  
Wendy Watkins ('04)

#### 1997

Dani Bell ('01)  
Heather Cray ('99)  
Ellen Estes ('02)  
Jackie Frank ('03)  
Elissa Keszler ('00)  
Brenda Villa ('03)

#### 1995

Ellen Estes ('02)  
Jackie Frank ('03)  
Brenda Villa ('03)



Christina Hewko, Alison Gregorka, Meridith McColl and Katie Hansen helped lead the U.S. to victory at the 2005 Junior World Championships in Perth, Australia.

### Junior Pan-American Games

#### 2006 (Champions)

Kim Krueger ('11)

#### 2004 (Champions)

Alison Gregorka ('07)  
Katie Hansen ('07)  
Christina Hewko ('07)  
Meridith McColl ('07)  
Lauren Silver ('09)

#### 2002

Lauren Boreta ('06)  
Scotti Shafer ('06)

#### 2000

Julie Gardner ('03)

#### 1998

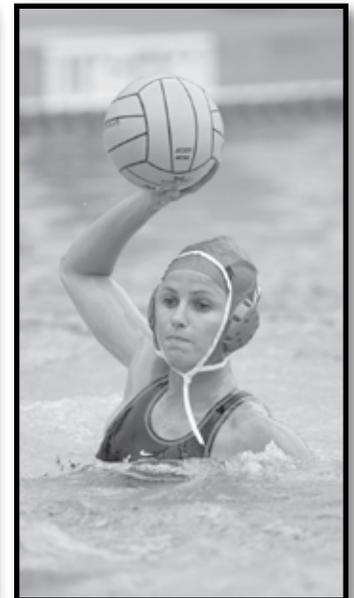
Dani Bell ('01)  
Jackie Frank ('03)  
Brenda Villa ('03)

#### 1996

Heather Cray ('99)  
Ellen Estes ('02)  
Jackie Frank ('03)  
Elissa Keszler ('00)  
Brenda Villa ('03)  
Lindsay Welsh ('98)



Kim Krueger, Amber Oland, Lauren Silver, Alison Gregorka ('07), and Jessica Steffens represented Stanford on the Senior and Junior National Teams over the summer of 2007.



Scotti Shafer competed in both the Junior FINA World Championships and the Junior Pan-American Games.



# STANFORD UNIVERSITY

2010 STANFORD WOMEN'S WATER POLO



## Stanford University at a Glance

On October 1, 1891, the 465 new students who were on hand for opening day ceremonies at Leland Stanford Junior University greeted Leland and Jane Stanford enthusiastically, with a chant they had made up and rehearsed only that morning. Wah-hoo! Wah-hoo! L-S-J-U! Stanford! Its wild and spirited tone symbolized the excitement of this bold adventure. As a pioneer faculty member recalled, "Hope was in every heart, and the presiding spirit of freedom prompted us to dare greatly."

For the Stanford's on that day, the university was the realization of a dream and a fitting tribute to the memory of their only son, who had died of typhoid fever weeks before his sixteenth birthday. Far from the nation's center of culture and unencumbered by tradition or ivy, the new university drew students from all over the country: many from California; some who followed professors hired from other colleges and universities; and some simply seeking adventure in the West. Though there were many difficulties during the first months – housing was inadequate, microscopes and books were late in arriving from the East – the first year foretold of greatness. As Jane Stanford wrote in the summer of 1892, "Even our fondest hopes have been realized."

### ▼ Ideas of "Practical Education"

Governor and Mrs. Stanford had come from families of modest means and had built their way up through a life of hard work. So it was natural that their first thoughts were to establish an institution where young men and women could "grapple successfully with the practicalities of life." As their thoughts matured, these ideas of "practical education" enlarged to the concept of producing cultured and useful citizens who were well-prepared for professional success.

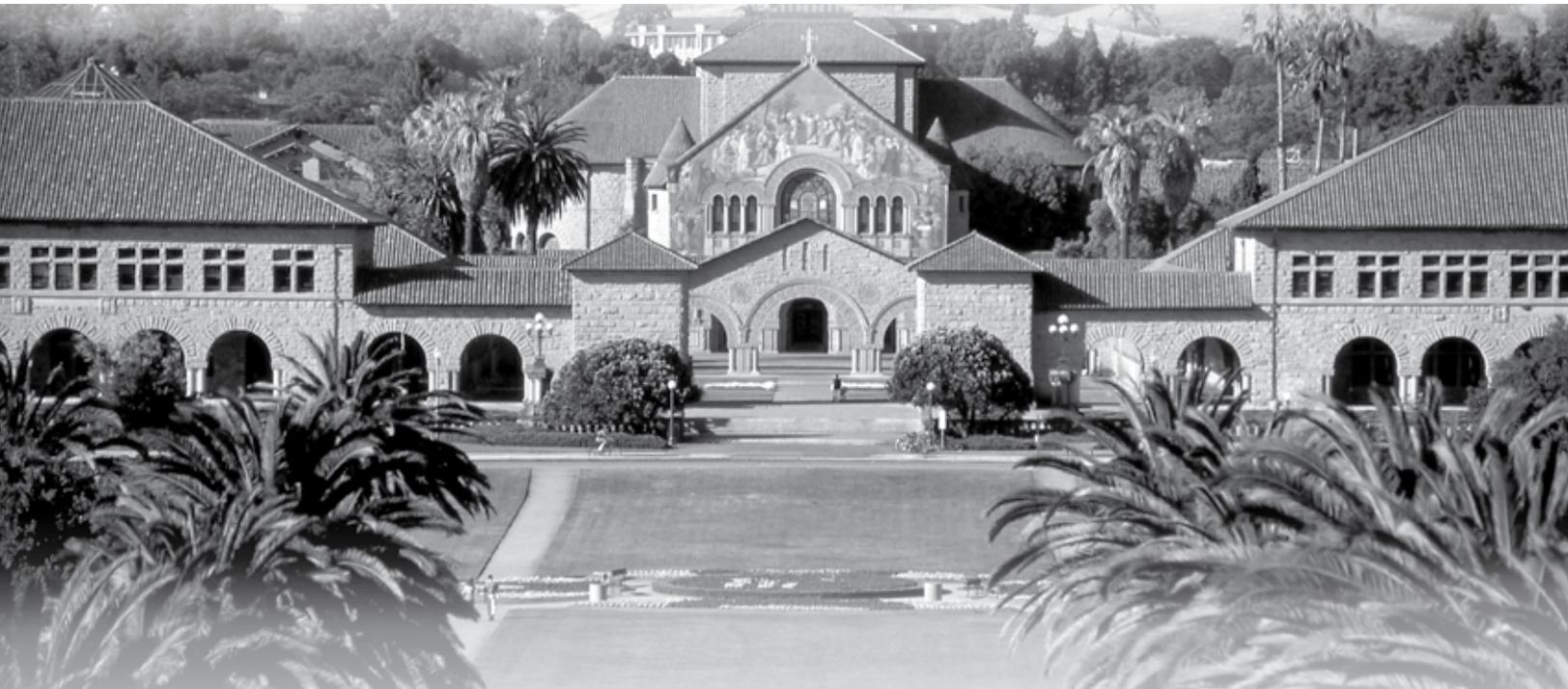
Nearly 116 years later, the university still enjoys the original 8,180 acres (almost 13 square miles) of grassy fields, eucalyptus groves, and rolling hills that were the Stanford's generous legacy, as well as the Quadrangle of "long corridors with their stately pillars" at the center of campus. It is still true, as the philosopher William James said, during his stint as a visiting professor, that the climate is "so friendly ... that every morning wakes one fresh for new amounts of work."

### ▼ Current Perspectives

In other ways, the university has changed tremendously on its way to recognition as one of the world's great universities. At the hub of a vital and diverse Bay Area, Stanford is less than hour's drive south of San Francisco and just a few minutes north of the Silicon Valley, an area dotted with computer and high technology firms largely spawned by the university's faculty and graduates. On campus, students and faculty enjoy new libraries, modern laboratories, tremendous sports and recreation facilities, and comfortable residences. Contemporary sculpture, as well as pieces from the Stanford Museum's extensive collection of sculpture by Auguste Rodin, is placed throughout the campus, providing unexpected pleasures at many turns. At the Stanford Medical Center, world-renowned for its research, teaching, and patient care, scientists and physicians are searching for answers to fundamental questions about health and disease. Ninety miles down the coast, at Stanford's Hopkins Marine Station on the Monterey Bay, scientists are working to better understand the mechanisms of evolution, human development, and ecological systems.

The university is organized into seven schools: Earth Sciences, Education, Engineering, the Graduate School of Business, Humanities and Sciences, Law and Medicine. In addition, there are more than 30 interdisciplinary centers, programs, and research laboratories – including the Hoover Institution on War, Revolution and Peace; the Institute for International Studies; the Stanford Linear Accelerator Center; and the Stanford Center for the Study of Families, Children and Youth – where faculty from a wide range of fields bring different perspectives to bear on issues and problems. Stanford's Overseas Studies Program offers students in all fields remarkable opportunities for study abroad, with campuses in Australia, Beijing, Berlin, Cape Town, Florence, Kyoto, Madrid, Moscow, Oxford, Paris, and Santiago.





### ▼ Stanford People

By any measure, Stanford's faculty – which numbers just over 1,800 – is one of the most distinguished in the nation. As of the June of 2007, the faculty included 18 Nobel Laureates, four Pulitzer Prize winners, 24 MacArthur Fellows, 21 recipients of the National Medal of Science, three National Medley of Technology recipients, 228 members of the National Academy of Arts and Sciences, 135 members of the National Academy of Sciences, 83 National Academy of Engineering members, 29 members of the National Academy of Education, seven Wolf Foundation Prize winners, seven winners of the Koret Foundation Prize and three Presidential Medal of Freedom winners. Yet beyond their array of honors, what truly distinguishes Stanford faculty is their commitment to sharing knowledge with their students. The great majority of professors teach undergraduates both in introductory lecture classes and in small advanced seminars.

Currently 14881 students, of which 6689 are undergraduates, live and study on campus. A little more than 40 percent come from California, but all 50 states and approximately 68 countries are represented as well. Among undergraduates, approximately 55 percent are African American, Asian American, International, Mexican American, Native American, Native Hawaiian or Other Hispanic in ethnicity. Like the faculty, the Stanford student body is distinguished. Approximately 10 students apply to Stanford for every place in the freshman class with 89% of those



admitted finishing in the top 10% of their high school class. Ninety-four Stanford students have been named Rhodes Scholars, 74 have been selected Marshall Award winners, and 49 have been chosen Truman Scholars. Nearly 90 percent of graduating seniors plan to attend graduate or professional schools. Stanford students also shine in a tremendous array of activities outside the classroom – from student government to music, theater, and journalism. Through the Haas Center for Public Service, students participate in many community service activities, such as tutoring programs for children in nearby East Palo Alto, the Hunger Project, and the Arbor Free Clinic.

In the athletic arena, Stanford students have enjoyed tremendous success as well. Stanford fields teams in 36 Division I varsity sports (15 men, 20 women, 1 co-ed). Of Stanford's 95 NCAA titles (107 national), 55 have been captured since 1990, by far the most in the nation. Thirty-eight of Stanford's athletes and coaches participated in the 1992 Olympics in Barcelona, 49 competed in Atlanta at the 1996 Games, 34 represented Stanford at the 2000

Games in Sydney, and 43 Stanford associates competed at the 2004 Games in Athens. Intramural and club sports are also popular; over 1,000 students take part in the club sports program, while participation in the intramural program has reached 9,000, with many students active in more than one sport.

### ▼ Looking Ahead

In her address to the Board of Trustees, in 1904, Jane Stanford said, "... Let us not be afraid to outgrow old thoughts and ways, and dare to think on new lines as to the future of the work under our care."

Her thoughts echo in the words of former Stanford President Gerhard Casper, who has said, "The true university must reinvent itself every day... At Stanford, these are days of such reconsideration and fresh support for our fundamental tasks – teaching, learning, and research."

### **U.S. News and World Report 2009 Top 10 Rankings of National Universities**

1. Harvard
2. Princeton
3. Yale
4. **STANFORD**  
Massachusetts Institute of Technology
6. Cal Tech
- Pennsylvania
8. Columbia
9. Duke  
University of Chicago





**Bob Bowsby**

The Jaquish & Kenninger  
Director of Athletics

One of the most respected athletic administrators in the nation, Bob Bowsby enters his fourth full year as the Jaquish & Kenninger Director of Athletics at Stanford University, a position he was appointed to on April 25, 2006 after spending 15 years at the helm of the University of Iowa's athletic program. In his initial three years in the position, Stanford has continued its well-earned reputation of fielding the most successful and wide-ranging Division I-A athletic programs in the nation.

As Stanford's sixth athletic director, Bowsby succeeds Ted Leland (1991-2005), Andy Geiger (1979-90), Joe Ruetz (1972-78), Chuck Taylor (1963-71) and Al Masters (1925-63). He directs a department that includes 35 intercollegiate varsity teams – 15 men's, 19 women's and one coed – plus the physical education department, intramurals, club sports, open recreation and the Stanford Golf Course.

Under his administrative guidance, Stanford claimed its unprecedented 15th straight Learfield Sports Director's Cup last spring, emblematic of the top overall program in the country. Ten Stanford teams boasted Top 10 finishes, winning national championships in men's gymnastics and women's rowing.

Stanford's student-athletes were also highly-decorated last year. Foluke Akinradewo (women's volleyball) earned her second straight national player of the year honor while eight student-athletes earned conference player of the year marks. In addition, Erik Shoji men's volleyball) earned national freshmen of the year accolades.

Two Stanford coaches--Thom Glielmi (men's gymnastics) and Yaz Farooq (women's rowing) earned national coach of the year marks.

Throughout his career, Bowsby has emerged as a national leader in intercollegiate and amateur athletics. He was named in February, 2007, to the United States Olympic Committee Board of Directors.

He has previously served as President of the NCAA Division I-A Athletic Directors' Association (2002-03), Chair of the NCAA Division I Men's Basketball Committee for two years (2003-05) and a committee member for five years. Chair of the Big Ten

Administrator's Council (2002-04) and Chair of the NCAA Management Council.

Bowsby was appointed by President George Bush as a member of the Commission on Opportunities in Athletics in 2002-03. The committee was led by U.S. Secretary of Education Rod Paige.

Bowsby was elected chair of the NCAA Olympic Sports Liaison Committee and represented the NCAA as one of two voting members on the United States Olympic Committee Board of Directors. He served as a member of the NCAA/U.S. Olympic Committee Task Force chaired by Cedric Dempsey and George Steinbrenner.

In addition, Bowsby served as chair of the NCAA Wrestling Committee and has served on NCAA committees on Financial Aid and Amateurism, the Special Committee to Review Amateurism Issues and the Special Committee to Review Financial

Conditions in Athletics.

Bowsby has also served as an Executive Committee member with both the National Association of Collegiate Directors of Athletics and the Division I-A Athletic Directors Association and served as President of the I-A organization for two years.

The National Association of Collegiate Directors of Athletics (NACDA) named Bowsby in 2001-02 as Central

Region Athletic Director of the Year and Sports Business Journal selected him from the four regional award winners as the National Athletics Director of the Year. The award highlights the efforts of the athletic directors for their commitment and positive contributions to campuses and their surrounding communities.

As the chief administrator for Iowa's athletic department from 1991-2006, Bowsby earned a reputation as one of the most admired, energetic and ambitious athletic administrators in the nation. Bowsby guided and supervised the merger of the Hawkeye's women's and men's athletics departments while enabling Iowa to maintain its standing as one of the most visible and successful Division I athletic programs.

Under his leadership, Iowa enjoyed unprecedented success and growth in the area of fund raising and facilities. Bowsby and the UI Development staff put in place \$25 million in endowments to help support Hawkeye student-athlete scholarship aid. In addition, he managed the planning and construction of \$120 million in facility projects on campus, including an \$87 million renovation to Kinnick Stadium.

A native of Waterloo, Iowa, Bowsby became Iowa's 10th Athletic Director in June, 1991, after serving in the same role at the University of Northern Iowa since 1984. Bowsby earned his bachelors degree from Moorhead State University (Minnesota) in 1975 and his master's degree from the University of Iowa in 1978.

Bob and his wife, Candice, have four children: Lisa, Matt, Rachel and Kyle.

### ▼ Stanford Athletic Directors

Al Masters .....	1925-63
Chuck Taylor (Wrestling Coach 1947-49) .....	1963-71
Joe Ruetz .....	1972-78
Andy Geiger .....	1979-90
Ted Leland .....	1991-2005
Bill Walsh (Interim) .....	2005-06
Bob Bowsby .....	2006-Present





## Principles That Guide Us

Department of Athletics, Physical Education, and Recreation

Department of Athletics, Physical Education, and Recreation

### MISSION STATEMENT

From its founding in 1891, Stanford University's leaders have believed that physical activity is valuable for its own sake and that vigorous exercise is complementary to the educational purposes of the university. Within this context for human development, it is the mission of Stanford's Department of Athletics, Physical Education and Recreation to offer a wide range of high quality programs which will encourage and facilitate all participants to realize opportunities for championship athletic participation, physical fitness, health and well being.

### ▼ We Will Teach

- By encouraging our student-athletes to capture all the joy, power and extraordinary personal growth that comes to those who compete and support athletic excellence.
- By hiring and retaining the best coaches and staff members available and arming them with the tools to achieve at the highest level.
- By fostering and nurturing a coaching, physical education and recreation staff that is committed to teaching with integrity & ambition and that performs in a manner which is consistent with the academic priorities of Stanford University.
- By recognizing the need to work as a team while valuing each individual's unique characteristics and abilities.
- By committing ourselves to the personal development and well being of our student-athletes and staff. Those who participate at all levels will learn the benefits of teamwork, discipline, goal setting, physical fitness, healthy lifestyles, character development, self confidence, sportsmanship, and an appreciation for lifelong learning.

### ▼ We Will Lead

- By being the model of success, of universal opportunity, and of unwavering commitment to the ideal of the scholar-athlete.
- By operating with integrity as we follow the spirit and the letter of each rule. Integrity will be displayed in our policies, performances and programs.
- By continuing our long history of conference and national prominence through a commitment to cutting edge involvement in athletic issues.

### ▼ We Will Win

- By maximizing our effort in every competition, on every team and in every setting where skill, determination and hard work combine to achieve singularly successful results.
- By having an uncompromising commitment to Conference and National championships and by providing each student-athlete with the tools necessary to be successful at the highest levels of both academic and athletic performance.
- By creating a commitment to a university-wide wellness culture that will allow Stanford students, faculty and staff to maximize their health and fitness opportunities throughout their lives.

### ▼ We Will Serve

- By respecting, honoring and responding to the needs of our student-athletes, coaches, colleagues, advocates and members of our larger community.
- By encouraging innovation and creativity. We will harness technology to extend our reach and to interface with our various internal and external constituencies.
- Through fiscal responsibility in all elements of departmental operations.
- By advancing outreach as a fundamental component of the department, we will strive to enhance the overall mission of the University through competitive excellence, effective outreach and an on-going commitment to customer service.
- By utilizing the department resources and physical facilities to serve the campus community, our alumni and our supporters throughout the world.
- By valuing our heritage, and in doing so we commit ourselves to championship caliber athletic achievement and the on-going enhancement of the traditions of Stanford Athletics, including leadership, individual and team achievement & intense pride and loyalty.





# STANFORD UNIVERSITY

2010 STANFORD WOMEN'S WATER POLO

## Stanford's National Titles

NCAA championships are commonplace at Stanford University, as Cardinal teams have won national titles at an unprecedented rate, including a national-best 80 since 1980 and 57 since 1990. Stanford has won at least one NCAA championship for 33 consecutive years and has won four national titles in a single season nine times.

Nine different Stanford teams have won at least five national titles, including men's tennis (18), women's tennis (16), men's water polo (11), women's swimming and diving (9), men's swimming and diving (8), men's golf (8), women's volleyball (6), synchronized swimming (6) and women's cross country (5). A total of 19 Stanford teams have won at least one national championship.

Stanford teams have won a total of 110 national championships. In NCAA competition, Cardinal teams have won 97 team titles, including 59 men's championships and an NCAA-best 38 women's titles.

### ▼ Titles By Sport

\* AIAW + Helms ^ ICYRA † Rissman • Unofficial title # U.S. Collegiate Note: NCAA titles unless otherwise noted

#### Baseball (2)

- 1987 Mark Marquess
- 1988 Mark Marquess

#### Men's Basketball (3)

- 1937 John W. Bunn+
- 1938 John W. Bunn+
- 1942 Everett Dean

#### Women's Basketball (2)

- 1990 Tara VanDerveer
- 1992 Tara VanDerveer

#### Men's Cross Country (4)

- 1996 Vin Lananna
- 1997 Vin Lananna
- 2002 Vin Lananna
- 2003 Andy Gerard

#### Women's Cross Country (5)

- 1996 Vin Lananna
- 2003 Dena Evans
- 2005 Peter Tegen
- 2006 Peter Tegen
- 2007 Peter Tegen

#### Football (1)

- 1926 Glenn "Pop" Warner!

#### Men's Golf (8)

- 1938 Eddie Twiggs
- 1939 Eddie Twiggs
- 1941 Eddie Twiggs
- 1942 Eddie Twiggs
- 1946 Eddie Twiggs
- 1953 Eddie Twiggs
- 1994 Wally Goodwin
- 2007 Conrad Ray

#### Men's Gymnastics (4)

- 1992 Sadao Hamada
- 1993 Sadao Hamada
- 1995 Sadao Hamada
- 2009 Thom Glielmi

#### Women's Rowing (1)

- 2009 Yasmin Farooq

#### Co-ed Sailing (1)

- 1997^ Steve Bourdow

#### Men's Swimming & Diving (8)

- 1967 Jim Gaughran

- 1985 Skip Kenney
- 1986 Skip Kenney
- 1987 Skip Kenney
- 1992 Skip Kenney
- 1993 Skip Kenney
- 1994 Skip Kenney
- 1998 Skip Kenney

#### Synchronized Swimming (6)

- 1998# Vicky Weir
- 1999# Gail Emory
- 2005# Heather Olson
- 2006# Heather Olson
- 2007# Heather Olson
- 2008# Heather Olson

#### Women's Swimming & Diving (9)

- 1980\* Claudia Kolb Thomas
- 1983 George Haines
- 1989 Richard Quick
- 1992 Richard Quick
- 1993 Richard Quick
- 1994 Richard Quick
- 1995 Richard Quick
- 1996 Richard Quick
- 1998 Richard Quick

#### Men's Tennis (18)

- 1942• John Lamb
- 1973 Dick Gould
- 1974 Dick Gould
- 1977 Dick Gould
- 1978 Dick Gould
- 1980 Dick Gould
- 1981 Dick Gould
- 1983 Dick Gould
- 1986 Dick Gould
- 1988 Dick Gould
- 1989 Dick Gould
- 1990 Dick Gould
- 1992 Dick Gould
- 1995 Dick Gould
- 1996 Dick Gould
- 1997 Dick Gould
- 1998 Dick Gould

- 2000 Dick Gould

#### Women's Tennis (16)

- 1978\* Anne Gould
- 1982 Frank Brennan
- 1984 Frank Brennan
- 1986 Frank Brennan
- 1987 Frank Brennan
- 1988 Frank Brennan
- 1989 Frank Brennan
- 1990 Frank Brennan
- 1991 Frank Brennan
- 1997 Frank Brennan
- 1999 Frank Brennan
- 2001 Lele Forood
- 2002 Lele Forood
- 2004 Lele Forood
- 2005 Lele Forood
- 2006 Lele Forood

#### Men's Track & Field (4)

- 1925 Dink Templeton
- 1928 Dink Templeton
- 1934 Dink Templeton
- 2000 Vin Lananna

#### Men's Volleyball (1)

- 1997 Ruben Nieves

#### Women's Volleyball (6)

- 1992 Don Shaw
- 1994 Don Shaw
- 1996 Don Shaw
- 1997 Don Shaw
- 2001 John Dunning
- 2004 John Dunning

#### Men's Water Polo (11)

- 1963• Jim Gaughran
- 1976 Art Lambert
- 1978 Dante Dettamanti
- 1980 Dante Dettamanti
- 1981 Dante Dettamanti
- 1985 Dante Dettamanti
- 1986 Dante Dettamanti
- 1994 Dante Dettamanti
- 1995 Dante Dettamanti
- 2001 Dante Dettamanti
- 2002 John Vargas

#### Women's Water Polo (1)

- 2002 John Tanner



Head Coach Conrad Ray guided the Cardinal to its eighth NCAA men's golf championship in 2007.



Stanford won back-to-back College World Series titles in 1987 and '88.

### ▼ Stanford Championship Facts

Total National Championships.....	111
Total NCAA Championships.....	97
Men's .....	59
Women's .....	38
Other National Championships .....	14



# STANFORD UNIVERSITY

2010 STANFORD WOMEN'S WATER POLO



**Stanford captured the 2009 NCAA Men's Gymnastics Championship last spring.**



**Stanford's women's volleyball program has won six NCAA championships, including titles in 2001 and '04.**

## ▼ Titles by Year

<b>1924-25</b> .....1	Men's Track and Field
<b>1926-27</b> .....1	Football (Rissman)
<b>1927-28</b> .....1	Men's Track and Field
<b>1933-34</b> .....1	Men's Track and Field
<b>1936-37</b> .....1	Men's Basketball (Helms)
<b>1937-38</b> .....2	Men's Basketball (Helms) Men's Golf
<b>1938-39</b> .....1	Men's Golf
<b>1940-41</b> .....1	Men's Golf
<b>1941-42</b> .....3	Men's Basketball Men's Golf Men's Tennis (Unofficial)
<b>1945-46</b> .....1	Men's Golf

<b>1952-53</b> .....1	Men's Golf
<b>1963-64</b> .....1	Men's Water Polo (Unofficial)
<b>1966-67</b> .....1	Men's Swimming
<b>1972-73</b> .....1	Men's Tennis
<b>1973-74</b> .....1	Men's Tennis
<b>1976-77</b> .....2	Men's Tennis Men's Water Polo
<b>1977-78</b> .....2	Men's Tennis Women's Tennis (AIAW)
<b>1978-79</b> .....1	Men's Water Polo
<b>1979-80</b> .....1	Women's Swimming (AIAW) Men's Tennis
<b>1980-81</b> .....2	Men's Tennis Men's Water Polo
<b>1981-82</b> .....2	Women's Tennis Men's Water Polo

<b>1982-83</b> .....2	Women's Swimming Men's Tennis
<b>1983-84</b> .....1	Women's Tennis
<b>1984-85</b> .....1	Men's Swimming
<b>1985-86</b> .....4	Men's Swimming Men's Tennis Women's Tennis Men's Water Polo
<b>1986-87</b> .....4	Baseball Men's Swimming Women's Tennis Men's Water Polo
<b>1987-88</b> .....3	Baseball Men's Tennis Women's Tennis
<b>1988-89</b> .....3	Women's Swimming Men's Tennis Men's Tennis
<b>1989-90</b> .....3	Women's Basketball Women's Tennis Men's Tennis

<b>1990-91</b> .....1	Women's Tennis
<b>1991-92</b> .....5	Women's Basketball Men's Gymnastics Men's Swimming Women's Swimming Men's Tennis
<b>1992-93</b> .....4	Men's Gymnastics Men's Swimming Women's Swimming Women's Volleyball
<b>1993-94</b> .....4	Men's Golf Men's Swimming Women's Swimming Men's Water Polo
<b>1994-95</b> .....5	Men's Gymnastics Women's Swimming Men's Tennis Women's Volleyball Men's Water Polo
<b>1995-96</b> .....2	Women's Swimming Men's Tennis

<b>1996-97</b> .....7	Men's Cross Country Women's Cross Country Co-ed Sailing (ICYRA) Men's Tennis Women's Tennis Men's Volleyball Women's Volleyball
<b>1997-98</b> .....6	Men's Cross Country Men's Swimming Women's Swimming Synchronized Swimming (U.S. Collegiate) Men's Tennis Women's Volleyball
<b>1998-99</b> .....2	Synchronized Swimming (U.S. Collegiate) Women's Tennis
<b>1999-2000</b> .....2	Men's Tennis Men's Track & Field
<b>2000-01</b> .....1	Women's Tennis
<b>2001-02</b> .....4	Women's Tennis Women's Volleyball Men's Water Polo Women's Water Polo
<b>2002-03</b> .....2	Men's Water Polo Men's Cross Country

<b>2003-04</b> .....3	Men's Cross Country Women's Cross Country Women's Tennis
<b>2004-05</b> .....3	Women's Volleyball Synchronized Swimming (U.S. Collegiate) Women's Tennis
<b>2005-06</b> .....3	Women's Cross Country Synchronized Swimming (U.S. Collegiate) Women's Tennis
<b>2006-07</b> .....3	Women's Cross Country Synchronized Swimming (U.S. Collegiate) Men's Golf
<b>2007-08</b> .....2	Women's Cross Country Synchronized Swimming (U.S. Collegiate)
<b>2008-09</b> .....2	Men's Gymnastics Women's Rowing



**Stanford's synchronized swimming program has won six national collegiate championships, including four in the last five seasons.**



**Stanford won its first NCAA women's rowing championship last spring in Cherry Hills, NJ.**



**Stanford's women's tennis team has won 16 national championships with its last title coming in 2006.**



# RADIO-TV ROSTER

2010 STANFORD WOMEN'S WATER POLO



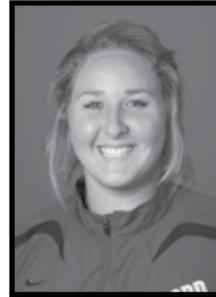
**#1**  
**Amber Oland**  
Goalkeeper • 6-0 • Jr.  
Santa Ana, CA  
(Foothill)



**#1**  
**Kim Hall**  
Goalkeeper • 5-10 • Jr.  
Kaneohe, HI  
(Punahou)



**#1**  
**Kate Baldoni**  
Goalkeeper • 5-10 • Fr.  
Newport Beach, CA  
(Corona del Mar)



**#2**  
**Melissa Seidemann**  
2-Meter Offense • 6-0 • So.  
Walnut Creek, CA  
(College Park)



**#3**  
**Pallavi Menon**  
Driver • 5-6 • So.  
Palo Alto, CA  
(Sacred Heart Prep)



**#4**  
**Alyssa Lo**  
Driver • 5-7 • So.  
San Anselmo, CA  
(Sir Francis Drake)



**#5**  
**Kelly Eaton**  
Driver • 5-7 • Sr.  
Menlo Park, CA  
(Menlo-Atherton)



**#6**  
**Vee Dunlevie**  
Driver • 5-8 • Fr.  
Atherton, CA  
(Sacred Heart Prep)



**#7**  
**Kim Krueger**  
Driver • 5-10 • Jr.  
Los Altos Hills, CA  
(Menlo School)



**#8**  
**Kelsey Holshouser**  
Driver • 5-4 • Sr.  
Santa Ana, CA  
(Foothill)



**#9**  
**Victoria Kennedy**  
Driver • 6-0 • Fr.  
Newport Beach, CA  
(Corona del Mar)



**#10**  
**Mimi Bury**  
Driver • 5-7 • So.  
Newport Beach, CA  
(Newport Harbor)



**#11**  
**Cassie Churnside**  
Driver • 5-8 • So.  
Orange, CA  
(Villa Park)



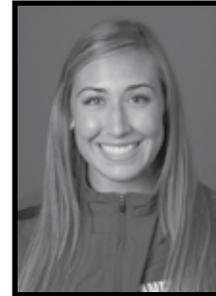
**#12**  
**Monica Coughlan**  
2-Meter Defender • 5-8 • Fr.  
Moraga, CA  
(Campolindo)



**#14**  
**Alexis Lee**  
Driver • 5-7 • Fr.  
Ventura, CA  
(Ventura)



**#15**  
**Jillian Garton**  
Driver • 5-10 • Fr.  
Granite Bay, CA  
(Granite Bay)



**#16**  
**Alex Koran**  
2-Meter Offense • 6-0 • Sr.  
Tustin, CA  
(Tustin)



**#17**  
**Jessica Steffens**  
2-Meter Defender • 6-0 • Sr.  
Danville, CA  
(Monte Vista)



**#20**  
**Annika Dries**  
2-Meter Offense • 6-1 • Fr.  
Laguna Beach, CA  
(Laguna Beach)



**John Tanner**  
Head Coach  
13th Season  
(Stanford '82)



**Susan Ortwein**  
Assistant Coach  
13th Season  
(UC Santa Barbara '90)



**Kyle Utsumi**  
Volunteer Assistant Coach  
3rd Season  
(Stanford '95)





# STANFORD UNIVERSITY





# 2010 STANFORD WATER POLO SCHEDULE

Date	Opponent	Location	Time
Jan. 30-31	NorCal Invitational	Berkeley, Calif.	All Day
<b>Feb. 6-7</b>	<b>Stanford Invitational</b>	<b>Stanford, Calif.</b>	<b>All Day</b>
<b>Feb. 13</b>	<b>Sonoma State</b>	<b>Stanford, Calif.</b>	<b>10:00 am</b>
Feb. 20	San Jose State	San Jose, Calif.	12:00 pm
Feb. 27-28	UCI Invitational	Irvine, Calif.	All Day
<b>March 5</b>	<b>San Diego State</b>	<b>Stanford, Calif.</b>	<b>4:00 pm</b>
<b>March 6</b>	<b>UC Irvine</b>	<b>Stanford, Calif.</b>	<b>1:00 pm</b>
March 7	UC Davis	Davis, Calif.	11:00 am
	CSU Bakersfield	Davis, Calif.	2:00 pm
<b>March 21</b>	<b>Arizona State</b>	<b>Stanford, Calif.</b>	<b>1:00 pm</b>
March 27	UCLA	Los Angeles, Calif.	1:00 pm
March 28	Long Beach St.	Long Beach, Calif.	12:00 pm
April 11	Hawai'i	Honolulu, Hawai'i	7:00 pm
<b>April 17</b>	<b>Cal</b>	<b>Stanford, Calif.</b>	<b>6:00 pm</b>
<b>April 24</b>	<b>USC</b>	<b>Stanford, Calif.</b>	<b>6:00 pm</b>
Apr. 30-May 2	MPSF Championship	Los Angeles, Calif.	All Day
May 14-16	NCAA Championship	San Diego, Calif.	All Day

Home events in bold • subject to change • Scores & updates at [gostanford.com](http://gostanford.com)

